

Despacito

拍數: 112 牆數: 1 級數: Advanced
編舞者: Jean-Pierre Madge (CH) - June 2016
音樂: Bailar (feat. Elvis Crespo) (Radio Edit) - Deorro



Sequence: A(16) - Restart – A – B – A – A – B

Part A : 48 counts

A1: Cross Rock, Recover, Chasse ¼ R, Step ½ R, Chasse forward.

1-2 Cross R over L and Rock(1), Recover on L (2),
3&4 ¼ R step R forward(3), Step L next R (&), Step R forward (4),
5-6 Step L forward (5), ½ R weight on R (6),
7&8 Step L forward (7), Step R next L (&), Step L forward (8).

A2: Step Touch ¼ L, Chasse ¼ L, 3 Hips bump ¼ L, Touch.

1-2 Step R forward (1), ¼ L touch L next R (2)
3&4 ¼ L Step L forward (3), Step R next L (&), Step L forward (4),
5-6-7 Hitch R bumping hips to R(5), 1/8 L Bump hips to R keeping the R up(6), 1/8 L Bump hips to R keeping the R up (7),
8 Touch R next L (8).

(Restart here after 1st wall)

A3: Out Out, In Touch, ¼ L, ½ L, Sailor ¼ L.

1-2 Step R a bit forward and Out (1), Step L a bit forward and Out (2),
3-4 Step R back and in (3), Touch L next R (4),
5-6 ¼ L Step L forward (5), ½ L Step R back (6),
7&8 Cross L behind R (7), ¼ L Step R to R (&), Step L to L (8).

A4: Step Turn, Step Turn, and Jump, Body Roll, Shoulders Pop .

1-2 Step R forward (1), ½ L weight on L(2),
3-4 Step R forward (3), ½ L weight on L (4),
&5 Small Jump forward Step R first (&) and left (5),
6 Body roll from feet to head (6),
7&8 Pop shoulders forward and back (7&8).

A5: Cross, Side, Behind and Heel and Cross, Side, Lock ½ L.

1-2 Cross R over L (1), Step L to L (2),
3&4& Cross R behind L (3), Step L to L (&), Touch R heel to R (4), Step R next L (&),
5-6 Cross L over R (5), Step R to R (6),
7-8 Lock L behind R (7), Unwind ½ L (8).

A6: Cross and Behind and Cross and Behind and Slide, Drag, Sailor ½ L.

1&2& Cross R over L (1), Step L to L (&), Cross R behind L (2), Step L to L (&),
3&4& Cross R over L (3), Step L to L (&), Cross R behind L (4), Rock L to L (&),
5-6 Big step R to R (5), Drag L next R (6),
7&8 Cross L behind R ¼ L (7), ¼ L Step R to R (&), Step L to L (8).

Part B: 64 counts

B1: Step, Kick and Kick and Step, Behind Side Step, Touch and Touch and.

1 Step R forward (1),
2-3 Kick L forward (2), Kick L back (3),
&4 ½ L and Hitch L knee up (&), Step L to L side (4),
5&6 Cross R behind L (5), Step L to L (&), Step R next L (6),

7&8& Touch R to R side (7), Step R next L(&), Touch L to L side (8), Step L next R (&).
optional: Jump feet apart R to R diagonal forward, L to L back diagonal (7), Jump feet together (&), Jump feet apart L to L diagonal forward, R to R back diagonal (8), Jump feet together weight on L (&)

B2: Walk, Walk, Chasse ¼ R, ¼ Step L, Together, Heels, Toes, Heels.

1-2 Walk R forward (1), Walk L forward (2),
3&4 ¼ R Step R forward (3), Step L next R (&), Step R forward (4),
5-6 ¼ R Step L to L (5), Step R next L (6),
7&8 With feet together Swivel both Heels to R (7), Swivel both Toes to R (&), Swivel both Heels to R (8).

B3: Heels, Toes, Step ¼ Touch, ¼ Step Touch, Kick and Touch.

1-2 Swivel both Heels to L (1), Swivel both Toes to L ¼ L (2),
3-4 Step R to R side (3), ¼ L Touch L next R(4),
5-6 ¼ L Step L forward (5), Touch R next L(6),
7&8 Kick R forward (7), Step R forward (&), Touch L to L (8).

B4: Sailor Step, Kick and Touch, Sailor ¼ L, Out Out.

1&2 Cross L behind R (1), Step R to R (&), Step L to L (2),
3&4 Kick R forward (3), Step R forward (&), Touch L to L (4),
5&6 Cross L behind R (5), ¼ L Step R to R(&), Step L to L (6),
7-8 Step R out (7), Step L out (8).

B5: Head, Shoulders, Toes, Heel, Shake, Rock, Recover, Chasse ½ R .

1-2 Isolating your body, try to move your head to the left (1), move your shoulders to the left, under your head(2),
3& Swivel R toes to L (3), Swivel R heel to L next to R (&),
0 e-a-4□□Shake your shoulders very fast (e-a-4),
5-6 Rock R forward (5), Recover(6),
7&8 ¼ R step R to R (7), Step L next R (&), ¼ R Step R forward (8).

B6: Cross, Back, Touch and Touch, Cross, Back, Touch and Touch.

1-2 Cross L over R (1), Step R back (2),
3&4 Touch L to L (3), Step L next R (&), Touch R to R (4),
5-6 Cross R over L (5), Step L back (6),
7&8 Touch R to R (7), Step R next L (&), Touch L to L (8).

B7: ½ Touch, ¼ Flick, Chasse, Kick, ¼ Kick, Behind Side Cross.

1-2 ½ R Touch L to L (1), ¼ R and flick L behind (2),
3&4 Step L forward (3), Step R next L (&), Step L forward (4),
5-6 Kick R across L (5), ¼ L Kick R to R (6),
7&8 Step R behind L (7), Step L to L (&), Cross R over L (8).

B8: Touch and Heel and Touch and Heel and Kick and Touch and Kick and Touch.

1&2& Touch L next R (1), Step L back (&), Touch R heel forward (2), Step R next L (&),
3&4& Touch L next R (3), Step L back (&), Touch R heel forward (4), Step R next L (&),
5&6& Kick L forward (5), Step L next R (&), Touch R next L (6), Step R back (&),
7&8 Kick L forward (7), Step L next R (&), Touch R to R (8).

Smile and Restart the Dance! :D
