

# Get Over You

COPPERKNOB  
BY STEPHEN BRETZ

拍數: 48      牆數: 0      級數: Phrased Advanced  
編舞者: Linda McCormack (UK) - June 2016  
音樂: Tears (feat. Louisa Johnson) - Clean Bandit



Tag: step fwd LF (1); step slightly fwd on RF (2); touch LF next to R (&); hold (3,4) weight stays on RF to Restart with B on LF

Notes: start after 32 counts, sequence- Intro, A, B,B, B,B, A,A, B, Tag, B, A,A, B

## Intro: 16 counts

[1-8] R nightclub basic,  $\frac{3}{4}$  turn R, walk x2, rock fwd, recover, back,  $\frac{1}{4}$  with L rock, sway x2.

- 1,2&      Step RF to R side (1); step ball of LF behind R (2); recover weight forward on the RF and slightly crossing L (&);  
3,4&       $\frac{1}{4}$  turn R stepping back on the LF (3);  $\frac{1}{2}$  turn R stepping fwd on the RF (4); step fwd on the LF (&);  
5,6&      Rock fwd on the RF (5); recover weight back onto the LF (6); step back on the RF (&);  
7,8&       $\frac{1}{4}$  turn L stepping LF to L side (7); sway R taking weight onto RF (8); sway L taking weight onto LF (&);

[9-16] R nightclub basic,  $\frac{3}{4}$  turn R, walk x2, rock fwd, recover, back,  $\frac{1}{4}$  with L rock, sailor fwd.

- 1,2&      Step RF to R side (1); step ball of LF behind R (2); recover weight forward on the RF and slightly crossing L (&);  
3,4&       $\frac{1}{4}$  turn R stepping back on the LF (3);  $\frac{1}{2}$  turn R stepping fwd on the RF (4); step fwd on the LF (&);  
5,6&      Rock fwd on the RF (5); recover weight back onto the LF (6); step back on the RF (&);  
7,8&a       $\frac{1}{4}$  turn L stepping LF to L side (7); Cross RF behind L (8); step LF to L side (&); step fwd on the RF (a);

## Part A: 16 counts

[1-7] Step with a hitch, step, L fwd mambo, sweep, R sailor step, behind, side,  $\frac{1}{4}$  heel swivels, cross, step with a sweep.

- 1,2&a3      Step fwd on LF with a R hitch (1); step down on RF (2); rock fwd on LF (&); step back on RF (a); step LF slightly behind R and sweep RF round L (3);  
4&a      Cross RF behind L (4); rock LF to L side (&); recover weight to RF (a);  
5&      Cross LF behind R (5); step RF to R side (&);  
6&a7      Swivel L heel to R (6); swivel R heel to R (making a  $\frac{1}{4}$  turn to the L) (&); cross rock LF over R (a); as you recover on the RF sweep LF around R (7);

[8-16&a] Behind, side, cross with a sweep, cross, side, behind sweep  $\frac{1}{8}$ th, Rock fwd, back, back with cross hitch, step, fwd  $\frac{1}{2}$  turn pivot step,  $\frac{3}{8}$ th turn sweep, R sailor fwd

- 8&1      Cross LF behind R (8); step RF to R side (&); cross LF over R while sweeping RF over L (1);  
2&3      Cross RF over L (2); step LF to L side (&); cross RF behind L whilst sweeping LF  $\frac{1}{8}$ th (7.30 wall) tracing circle on floor (should finish with ball of LF touched next to R (3);  
4&5&      Step weight fwd on LF (4); step back on RF (&); step back on LF as you hitch cross the RF heel across the L shin (5); step weight forward on RF (&);  
6&7      Step fwd LF (6);  $\frac{1}{2}$  turn R stepping fwd on the RF (&);  $\frac{3}{8}$ th turn R (to face 6.00 wall) stepping back on the LF and sweeping RF behind L (7);  
8&a1      Cross RF behind L (8); step LF to L side (&); step fwd on the RF (a);

Count 1 will either be the L step forward of part A or the diagonal step forward on the LF of part B

## Part B: 32 counts

[1-8] Dorothy steps x2 (L, R), fwd rock, recover, walks back x3 (L, R, L)

- 1,2&      Step LF to the L diagonal (1); cross RF behind L (2); step LF to L diagonal (&);  
3,4&      Step RF to the R diagonal (3); cross LF behind L (4); step RF to R diagonal (&);

5,6 L rock forward (5); recover weight back onto RF (6);  
&7,8 Step back on LF (&); step back on RF (7); step back on the LF (8);

**[9-16] Large step back, together, walk x2, fwd rock, recover, out, out, in, in (travelling back.)**

1,2&3,4 Large step back on RF (1,2); step LF together with RF (&); walk R (3); walk L (4);  
5,6 Rock forward RF (5); recover weight back onto LF (6);  
&7&8 Travelling backwards step RF out to R diagonal (&); step LF out to L diagonal (7); step RF in (&); step LF in (8);

**[17-24] Touch fwd, heel swivel, step together, 1/8th L with rocking chair.**

1,2,3,4 Touch ball of RF forward (1); twist R heel out (2); twist R heel in (3); step RF together with L (4);  
5,6,7,8 Into the L diagonal rock forward on LF (4.30 wall) (5); recover weight back onto RF (6); rock back on the LF (7); recover weight forward onto the RF (8);

**[25-32] 1/8th step fwd R, touch L, ¼ side, cross behind, step side, point, 1 ¼ turn.**

1,2 1 /8th turn L (to 3.00 wall) step forward on LF (1); touch R toe next to LF (2);  
3,4 1 /4 turn L (to 12.00 wall) stepping RF to R side (3); cross LF behind R (4);  
5,6,7,8 Step RF to R side (5); point L toe to L side (6); ¼ turn L stepping down on LF (7); ½ turn L stepping back on RF (8);

**Complete another ½ L stepping forward on L for count 1 which will either be the L step forward of part A or the diagonal step forward on the LF of part B**

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