

# My Hallelujah

COPPER KNOB  
BY STEPHEN HETS

拍數: 56      牆數: 4      級數: Phrased Intermediate  
編舞者: Michael Diven (USA) - April 2016  
音樂: Good To Be Alive (Hallelujah) - Andy Grammer



Intro: 16 counts, start dancing on the lyrics  
SEQUENCE: AA B AA AAA B AA AA B AA AA

NOTE: Don't let the sequence scare you. You can hear the sequence in the music, very distinct parts.

## PART A – 16 Counts - [QUICK STEP]

### A1: RIGHT CROSS ROCK & RECOVER X 2, CROSS STEP, ¼ TURN RIGHT, COASTER STEP

1&2&      Cross rock right over left, recover weight back to left foot, rock right to right side, recover weight back to left  
3&4&      Cross rock right over left, recover weight back to left foot, rock right to right side, recover weight back to left  
5-6      Cross step right over left, pivot ¼ turn right stepping back on left foot  
7&8      Step back on right foot, step left foot next to right, step forward on right foot

### A2: LEFT CROSS ROCK & RECOVER X 2, SYNCOPATED EXTENDED WEAVE

1&2&      Cross rock left over right, recover weight back to right foot, rock left to left side, recover weight back to right  
3&4&      Cross rock left over right, recover weight back to right foot, rock left to left side, recover weight back to right  
5&6&7&8      Step left to left, cross right over left, step left to left, cross right behind left, step left to left, cross right over left, step left to left

## PART B – 40 Counts [CHA CHA]

### B1: CROSS ROCK, RECOVER, SIDE SHUFFLE, CROSS ROCK, RECOVER, ¼ TURN SHUFFLE

1-2      Cross Rock right over left, recover weight back to left  
3&4      Step right foot to right side, step left foot next to right, step right foot to right side  
5-6      Cross rock left over right, recover weight back to left  
7&8      Pivot ¼ turn left stepping left, right left

### B2: STEP, ½ TURN PIVOT, 1 ½ TURN, SHUFFLE FORWARD

1-2      Step forward on right foot, pivot ½ turn left (weight on left foot)  
3-4      Pivot ½ turn left stepping back on right, pivot ½ turn stepping forward on left foot  
(Easier option: Just walk right, walk left)  
5-6      Step forward on right foot, pivot ½ turn left (weight on left foot)  
7&8      Step forward on right foot, step left foot next to right, step forward on left foot

### B3: ROCK, RECOVER, BACK SHUFFLE, ROCK, RECOVER, FULL TURN

1-2      Rock forward on left foot, recover weight back to left foot  
3&4      Step back on left foot, step right foot next to left, step back on left foot  
5-6      Rock back on right foot, recover weight back on left foot  
7-8      Pivot ½ turn left stepping back on right, pivot ½ turn stepping forward on left foot  
(Easier option: Just walk right, walk left)

### B4: STEP, ¼ TURN, CROSSING SHUFFLE, ROCK, RECOVER, ¼ TURN WEAVE

1-2      Step forward on right foot, pivot ¼ turn left  
3&4      Cross step right over left, step left foot to left side, cross step right over left  
5-6      Rock left foot to left side, recover weight back to right side  
7&8      Step left foot behind right, pivot ¼ turn right stepping right foot forward, step left foot forward

**B5: ROCK, RECOVER, BACK SHUFFLE, STEP, STEP, WALK X 3**

- 1-2            Rock forward on right foot, recover weight back to left
- 3&4           Step back on right foot, step left foot next to right, step back on right foot
- 5-6           Step back on left foot, step back on right foot
- 7&8           Walk forward on left, right, left

**REPEAT**

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