

History

拍數: 24 牆數: 4 級數: Improver
編舞者: Michael Diven (USA) - June 2016
音樂: History - One Direction



Intro: 8 counts, start dancing on the lyrics

Sailor, ¼ Turning Sailor, Vaudeville Step, Cross, ½ Turn Kick

1&2 Step left foot behind right, step right foot to right side, step left foot to left side
3&4 Step right foot behind left foot, step left foot to left side, step right foot to right side
5&6 Cross step left foot over right, step right foot to right side, touch left heel slightly forward
&7-8 Step left foot next to right foot, cross step right foot over left, unwind ½ turn left and kick left foot forward

Restart here after wall 4, 8 & 9

Syncopated Weave, Cross Step, ¼ Turn, Rock, Recover, Backwards Shuffle

1&2 Step left foot behind right, step right foot to right side, cross step left over right
&3-4 Step right foot to right side, cross step left over right, pivot ¼ turn right stepping forward on right foot
5-6 Rock forward on left foot, recover weight back on right foot
7&8 Step back on left foot, cross step right over left foot, step back on left foot

Touch, ½ Pivot, Shuffle, Rock, Recover, ¼ Turning Shuffle

1-2 Touch right toe back, pivot ½ turn right (weight shifts to right foot)
3&4 Step forward on left foot, step right foot next to left, step forward on left foot
5-6 Rock forward on right foot, recover weight back on left foot
7&8 Pivot ¼ turn right stepping right foot to right side, step left foot next to right, step right foot to right side

TAG: This Tag will happen at the end of walls 2 & 5

1-2 Cross left foot over right foot, touch right toe to right side
3-4 Cross right foot over left foot, touch left toe to left side

RESTART
