Lost In You

拍數: 32

級數: Improver cha cha

編舞者: Robert Hahn (DE) - June 2013

音樂: Lost In You - Darius Rucker



[1-9] Step Side, Rock Step, Shuffle Left, Rock Step Back, Shuffle Forward

- 1 Step right to right side
- 2-3 Step left forward, recover weight onto right
- 4&5 Step left to left side, step right together, step left to left side
- 6-7 Step right back, recover weight onto left
- 8&1 Step right forward, step left together, step right forward

[10-17] Step, ¼ Sweep Left, Cross Shuffle, Step Side, Step Back, Coaster Step

- 2-3 Step left forward, make a ¼ turn left and sweep right out from back to front
- 4&5 Step right across left, step left to left side, step right across left
- 6-7 Step left to left side, step right back
- Note: Tag & Restart in 3rd wall (Face 3:00)
- 8&1 Step left back, step right together, step left forward

[18-25] Step, ½ Turn Left, Shuffle Forward, Rock Step, ¼ Behind Turn Step Right

- 2-3 Step right forward, make a ¹/₂ turn left (weight onto left)
- 4&5 Step right forward, step left together, step right forward
- 6-7 Step left forward, recover weight onto right
- 8&1 Step left behind right, make a ¼ turn right and step right forward, step left forward

[26-32&] Step, Sweep, Cross Back Turn (1/2 Left), 1/4 Turn Left And Hip Bumps, Side Together

- 2-3 Step right forward, sweep left out from back to front
- 4&5 Cross left over right, step right back, make a ½ turn left and step left forward
- 6-7 Make a ¼ turn left and step right to right side with hip bumps right and left
- 8& Step right to right side, step left together
- ... start again

Tag & Restart

In the 3rd wall dance the first 15 counts (face 3 o'clock), then change count 16 into a recover forward onto left. Then Restart the dance from the 1st count.





牆敻

牆數:4