

# Watch Me

**COPPER** KNOB  
BY STEPHEN HETS

拍數: 32                      牆數: 4                      級數: Intermediate  
編舞者: Willie Brown (SCO) - June 2016  
音樂: Watch Me Do - Meghan Trainor



**Intro; 16 counts – approx 10 seconds**

**Tag; At end of wall 7 - see note below**

**Alternative music; 'Schoolyard King' by Sonny Cleveland – No Tags, No Restarts!!**

## **SECTION 1 – STEP FORWARD, ½ TURN, ¼ SAILOR CROSS, ROCK & CROSS, ROCK, HITCH, CROSS, SIDE**

1,2                      Step forward on Right, turn ½ Right and step back on Left [6]  
3&4                     Cross Right behind Left, turn ¼ Right and step Left to Left side, cross Right over Left [9]  
5&6                     Rock Left out to Left side. Recover weight on Right, cross Left over Right  
&7                        Rock Right out to Right side, recover weight on to Left as you hitch Right up  
8&                        Cross Right over Left, step Left to Left side

## **SECTION 2 – HIP ROLL ¼ TURN, BACK, ¼ PIVOT, HIP BUMPS, BEHIND-SIDE-FORWARD**

1,2                      Roll hips clockwise from Right to Left turning body ¼ Right taking weight on Left [12]  
3&4                     Step back on Right, pivot ¼ Right [3]  
5&6&                    'Sit' into Right hip taking weight on Right, bump hips up and forward to Left diagonal, repeat  
7&8                     Cross Left behind Right, step Right to Right side, step forward on Left

## **SECTION 3 – FULL PIVOT TURN, BACK-TOGETHER-HEEL-TOGETHER-SWIVEL TOE-HEEL, APPLEJACK x2**

1,2                      Step forward on Right, pivot ½ Left taking weight on Left  
3                         Turn ½ Left and step back on Right [3]  
4&5                     Step back on Left, close Right beside Left, touch Left heel forward  
&6&                     Step Left beside Right, swivel Right toe to Right side, step Right heel to Right side  
7&                        With weight on Left heel and Right toe swivel Left toe and Right heel to Left, return to centre  
8&                        With weight on Right heel and Left toe swivel Right toe and Left heel to Right, return to centre

## **SECTION 4 – SIDE, BEHIND-¼-TOE STRUT, ½ PIVOT, STEP, DRAG, BACK ROCK, RECOVER**

1                         Step Left to Left side  
2&3                     Cross Right behind Left, turn ¼ Left and step slightly forward on Left, press forward on Right toe[12]  
4                         Drop Right heel taking weight whilst sliding Left foot back  
5,6                     Step forward on Left, pivot ½ Right taking weight on Right [6]  
7                         Turn ¼ Right and step Left to Left side □ [9]  
8&                        Rock slightly back on Right, recover forward on Left

**...START AGAIN...**

**Tag; 8 counts at end of wall 7, facing 3 o'clock – repeat last 6 counts of dance then add ½ pivot;**

1,2                      Press forward on Right toe, drop Right heel taking weight whilst sliding Left foot back  
3,4                     Step forward on Left, pivot ½ Right taking weight on Right  
5                         Turn ¼ Right and step Left to Left side  
6&                        Rock slightly back on Right, recover forward on Left  
7,8                     Step forward on Right, pivot ½ Left taking weight on Left

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