

The Breeze and I

COPPER KNOB
BY STEPHEN T. S.

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Kenny Teh (MY) - June 2016
音樂: The Breeze and I - Ross Mitchell, His Band and Singers



Start dance after 16 counts:

L forward, Recover R, L back, Hold, R back, Recover L, R forward. Hold

1 2 3 4 Rock left forward, recover right, step left back, hold
5 6 7 8 Rock right back, recover left, step right forward, hold

$\frac{3}{4}$ L turn Walk LRL, Hold, Sway RLR, Hold

1 2 3 4 Make a $\frac{3}{4}$ left turn (3.00) walking LRL, hold
5 6 7 8 Sway RLR, hold

Syncopated Rocking Chair, Spiral $\frac{3}{4}$ turn R, Walk RLR, $\frac{1}{4}$ turn R point L to L

1&2&3 4 Cross left over right, recover right, step left, recover right, cross left over right, make a $\frac{3}{4}$ spiral right turn (12.00) weight remain on left
5 6 7 8 Walk forward RLR, make a $\frac{1}{4}$ right turn on right ending with left toe pointing left (3.00)

Cross L, $\frac{3}{4}$ turn L on RL, Hold, Lock steps forward RLR, Hold

1 2 3 4 Cross left over right, $\frac{1}{4}$ left turn (12.00) step right back, $\frac{1}{2}$ left turn (6.00) step left forward, hold
5 6 7 8 Step right forward, lock right behind, step right forward, hold