

Compass

拍數: 48 牆數: 4 級數: Low Intermediate
編舞者: Michael Metzger (USA) - June 2016
音樂: Compass - Lady A



[1-8] Walk, Walk, ½ Turn Chasse, Back Rocking Chair, ¼ Turn Sway, Sway

1, 2 Step R forward, Step L forward (turning toe slightly left to prep for turn)
3&4 Turn ¼ left and step R to side, Cross L over R, Turn ¼ left and step R back (6:00)
5&6& Rock L back, Recover to R, Rock L forward, Recover to R
7, 8 Turn ¼ left and step L to side while swaying hips left, Sway hips right (3:00)

[9-16] Scissors Step, Scissors Step, Side Rock, Recover, Cross Behind, ¼ Turn and Step Forward

1&2 Step L to side, Step R together, Cross L over R
3&4 Step R to side, Step L together, Cross R over L
5, 6 Rock L to side, Recover to R
7, 8 Cross L behind R, Turn ¼ right and step R forward (6:00)

[17-24] Ball, Rock, Recover, Ball, Rock, Recover, ¼ Turn, ¼ Turn, Cross and Cross

&1, 2 Step ball of L together, Rock R forward, Recover to L
&3, 4 Step ball of R together, Rock L back, Recover to R
5, 6 Turn ¼ right and step L to side, Turn ¼ right and step R back (12:00)
7&8 Cross L over R, Step R to side, Cross L over R

[25-32] Side Rock, Recover with ¼ Turn, Step Side with ¼ Turn, Heel Jack, Ball, Cross, Knee Bend, Ball, Cross, ¼ Turn and Step Back

1&2 Rock R to side, Turn ¼ left and recover to L, Turn ¼ left and step R to side (6:00)
3&4& Cross L behind R, Step R together, Tap L heel forward, Step ball of L together
5, 6 Cross R over L, Bend knees slightly to dip down
&7, 8 Unbend knees and step ball of L together, Cross R over L, Turn ¼ right and step L back (9:00)

[33-40] Rock Back, Recover, Cross, Side, Behind and Cross and Cross, Point Side

1, 2 Rock R back, Recover to L
3, 4 Cross R over L, Step L to side
5&6&7 Cross R behind L, Step L to side, Cross R over L, Step L to side, Cross R over L
8 Point L toe to side

[41-48] Rock Back, Recover, Cross, Side, Behind and Cross, Tap Heel, Tap Heel, Hitch

1, 2 Rock L back, Recover to R
3, 4 Cross L over R, Step R to side
5&6 Cross L behind R, Step R to side, Cross L over R
7, 8& Tap R heel forward, Tap R heel forward, Hitch R next to L knee

Tag: At the end of wall four you'll be facing the front again.

Grapevine Right, Grapevine Left with Half Turn, Grapevine Right, Grapevine Left with Half Turn, Rock Recover, Tap Heel, Tap Heel

1, 2 Step R to side, Cross L behind R
3, 4 Step R to side, Touch L next to R
5, 6 Step L to side, Cross R behind L
7, 8 Turn ¼ left and step L forward, Turn ¼ left and touch R next to L (6:00)

1, 2 Step R to side, Cross L behind R
3, 4 Step R to side, Touch L next to R

- 5, 6 Step L to side, Cross R behind L
7, 8 Turn ¼ left and step L forward, Turn ¼ left and touch R next to L (12:00)
- 1, 2 Rock R forward, Recover to L
3, 4 Tap R heel forward, Tap R heel forward

****If you would like to remember someone you love and are missing, I invite you to do so during the double tap at the end of this Tag.**

Put your hand on your heart, or do whatever you like to recognize the person you love.

Ending: After wall 5 you'll be facing the side wall.

Step, Sweep, Step, Sweep, Step, Sweep, Chasse Step, Step, Touch, Step, Touch, Turn

- 1, 2 Step R forward, Sweep L around to front
3, 4 Cross L over R, Sweep R around to front
5, 6 Cross R over L, Sweep L around to front
7&8 Shuffle forward, L, R, L
9, 10 Step R forward, Touch L next to R
11, 12 Step L back, Touch R next to L
13 Turn ¼ right and take weight onto both feet

****Here again you might want to make a gesture to show your love for the person you're dedicating this dance to.**

Enjoy!

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