

# Moon Trance

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Joe Sexton (USA) - June 2016  
音樂: Moon Trance by Lindsey Sterling (129 BPM)



**Intro: 96 counts, Start with heavy beat of drums and synthesizer.**

**I recommend queuing the music to start 64 beats in.**

**Starting Position: Feet shoulder width apart, Right foot slightly ahead of left foot.**

**This makes it easier to do the heel swivels and you want to end Count 32 in this same position.**

## **(1-8) Swivel Strut, Center, Heel Swivels - ¼ Left, Step ½ Pivot, Back Shuffle-Hitch**

- 1-4 Swivel Heels to Left – Toes pointing to 1:30 (bend in R. knee, R. toe pointed down), Drop R. heel swivel heels to Center, Swivel heels Left (3), Swivel heels Right (&), Swivel Heels Left completing ¼ turn L. (4) 9:00
- 5-8. Step Fwd R. (5), ½ Pivot L. (6), Back Shuffle R-L-R Hitching L. Knee (7&8), 3:00

## **(9-16) Step, Lock, Step-Lock-Step, Step, ½ Pivot, Lock, Step**

- 1-4 Step Fwd L. (1), Lock R. Behind L. (2), Step Fwd L. (3), Lock R. Behind L. (&), Step Fwd L. (4)
- 5-8 Step Fwd R. (5), ½ Pivot L. (6), Lock R. Behind L. (7), Step Fwd L. (8) 9:00

## **(17-24) R. Wizard, L. Wizard, R. Wizard ¼ turn L., Shuffle Fwd**

- 1-4 R. to R. Side (1), L. Behind R. (2), R. to R. Side (&), L. to L. Side (3), R. Behind L. (4), L. to L. Side (&)
- 5-8 R. to R. Side (5), L. Behind R. making ¼ turn L. (6), R. to R. Side (&), Step Fwd L. (7), Lock R. Behind L. (8) 6:00

## **(25-32) R. Rock, Recover, Back Shuffle ½ turn, ½ Pivot, Step, Step**

- 1-4 Rock Fwd on L. (1), Recover on R. (2), Shuffle Back making ½ turn L-R-L (3&4)
- 5-8 Step Fwd R. (5), ½ Pivot to L. (6), Step Fwd R. (7) Step L. Behind L. Feet Slightly Apart (8) 6:00

**Start Again and Enjoy.**

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