Cinderela



拍數: 64 編數: 4 級數: Intermediate

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音樂: Cinderela - Paulo Dávila



Intro: 32 Counts - Sequence: 64 - 64 - 64 - 64 - 32 Restart - 64 - 40 Restart - 64 - Ending

Section 1. Heel Switches, Rock Step, Recover X2

1&2& RF. Dig heel fwd - RF. Step beside LF - LF. Dig heel fwd - LF. Step beside RF

3-4& RF. Rock fwd (Turn body to the left) - Recover - RF. Step beside LF

5&6& LF. Dig heel fwd - LF. Step beside RF - RF. Dig heel fwd - RF.Step beside LF T-8& LF. Rock fwd (Turn body to the right) - Recover - LF. Step beside RF (12)

Section 2. Vaudeville, Cross Over, 1/4 Turn L, Step L to L Side, Cross Over and Sweep From Back To Front

1-2- RF. Cross over LF - LF. Step to L side

3&4 RF. Cross behind LF - LF. Step slightly diag left back - RF. Dig heel Diag R fwd

&5-6 RF.Step beside LF - LF. Cross over RF - RF. 1/4 Turn L step back (9)
7-8 LF. Step to L side - RF. Cross over LF and sweep LF from back to frond

Section 3. Cross Over, Step R To R Side, Behind, Step R To R Side, Step Fwd, Rock Step Fwd, Recover, Shuffle 3/4 Turn R

1-2 LF. Cross over RF - RF.Step to R side

3&4 LF. Cross behind RF - RF.Step to R side - LF. Step fwd

5-6 RF. Rock Fwd - Recover

7&8 Shuffle 3/4 turn R stepping R,L,R (6)

Section 4. Step L To L Side, Hold, Step Together, Step L To L Side, Point, Back Cross Rock, Step R To R Side, Back Cross Rock, Step L To L Side

1-2&3-4 LF. Step to L side - Hold - RF. Step together - LF. Step to L side - RF. Point to R side

5&6 RF. Cross rock behind LF - Recover - RF. Step to R side 7&8 LF. Cross rock behind RF - Recover - LF. Step to L side

Section 5. Back Rock Step, Recover, Shuffle With 1/2 Turn Left, Coaster, Kick-Ball-Cross

1-2 RF. Back rock – Recover

3&4 Shuffle 1/2 turn L stepping R,L,R (12)

5&6 LF. Back step - RF. Step together - LF. Step fwd

7&8 RF. Kick diagonal right fwd - RF. Step together – LF. Cross over RF

Section 6. Step R To R Side, Hold, Step Together, Step R To R Side, Point, Rolling Vine to Left

1-2&3-4 RF. Step to R side - Hold - LF. Step together - RF. Step to R side - LF. Point to L side

5-8 LF. 1/4 Turn L step fwd - RF. 1/2 Turn L step bwd- LF. 1/4 Turn L step to L side - RF. Touch

beside RF (12)

Section 7. Fwd Shuffle With 1/4 Turn Right, Shuffle With 1/2 Turn Right, Coaster Step , Step Fwd, Scuff Fwd

1&2 RF. 1/4 turn right step fwd - LF. Step together - RF. Step fwd (3)

3&4 Shuffle 1/2 turn R stepping L,R L (9)

5&6 RF. Step back - LF. Step together - RF. Step fwd

7-8 LF. Step fwd - RF. Scuff fwd

Section 8. Dorothy Steps Diagonal R&L, 1/4 Pivot Left Turn x 2

1-2&	RF. Step diagonally fwd - LF. Lock behind RF - RF. Step diagonally fwd
3-4&	LF. Step diagonally fwd - RF. Lock behind LF - LF. Step diagonally fwd
5-8	RE Step fwd - Pivot 1/4 turn L - RE Step fwd - Pivot 1/4 turn L (3)

Start Again

RESTARTS: -

Dance wall 5 to count 32 (6:00), then Restart. Dance wall 7 to count 40 (9:00), then Restart.

Ending: After dance wall 8 (12:00) - Then Jazz Box, Step Fwd, Ending Pose

1-4 RF. Cross over LF - LF.Step behind - RF.Step to R side - LF.Step fwd

5-6 RF. Step fwd - Ending Pose

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Last Update – 12th July 2016