

# 38 Degrees

拍數: 64                      牆數: 2                      級數: Phrased Low Intermediate  
編舞者: Rose Chun (MY) - June 2016  
音樂: 38 Degrees - DJane HouseKat & Rameez



Introduction : After 4 counts ready to start on vocal "degrees"...

Sequence : A-B-B-B-A\*- A-B-B-B-B-B

Restart :

A\* = 2nd time Part A after 30 counts, the last 2 counts on 7-8 change into "½ turn L back(12.00) weight on L, Touch R beside L". Restart with Part A again!

Part A - 32 counts

**SEC A1 : NIGHTCLUB BASIC, ¼ TURN FWD, ¼ TURN RECOVER**

1 – 4                      Step R to side right (1), Hold (2), Rock L Behind R (3), Recover on R (4)  
5 – 6                      Turn ¼ Left (9.00) Stepping L fwd, Hold  
7 – 8                      Turn ¼ Left (6.00), Recover on L

**SEC A2 : REPEAT SEC 1 ( End-up facing 12 o'clock )**

**SEC A3 : R BOX STEP**

1 – 4                      Step R to side right, Close L next to R, Step R fwd, Hold  
5 – 8                      Step L to side left, Close R next to L, Step back L, Hold

**SEC A4 : BACK ROCK RECOVER, FWD ROCK RECOVER, TOUCH**

1 – 4                      Step back on R(1), Hold(2), Recover on L(3), Hold(4)  
5 – 8                      Step fwd on R(5), Hold(6), Recover on L(7), Touch R beside L(8)

Part B – 32 counts

**SEC B1 : R SIDE MAMBO, L SIDE MAMBO, R SIDE TOUCH, L SIDE TOUCH**

1 & 2                      Step R to side right, Rock recover on L, Step R next to L  
3 & 4                      Step L to side Left, Rock recover on R, Step L next to R  
5 – 6                      Step R to side right, Touch L to side left (shoulder shimmy)  
7 – 8                      Step L to side left, Touch R to side right (shoulder shimmy)

**SEC B2 : R CROSS SAMBA, L CROSS SAMBA, R CROSS CHASSE, L ½ TURN CROSS CHASSE**

1 & 2                      Step R fwd across L, Rock ball of L side left, Recover on R  
3 & 4                      Step L fwd across R, Rock ball of R side right, Recover on L  
5 & 6                      Cross R over L, Step L to side left, Cross R over L  
7 & 8                      Turn ½ Left (6.00) stepping L over R, Step R to side right, Cross L over R

**SEC B3 : ¼ TURN FWD SHUFFLE, FWD ½ TURN KICK, COASTER STEP, STEP LOCK STEP**

1 & 2                      Turn ¼ right (9.00) stepping R fwd, Step L beside R, Step R fwd  
3 – 4                      Step L fwd with a ½ turn to right (3.00), kick R fwd  
5 & 6                      Step R back, Step L beside R, Step R fwd  
7 & 8                      Step L fwd, Lock R behind L, Step L fwd

**SEC B4 : ½ TURN FWD TOES DROP , ½ TURN BACK TOES DROP, PADDLE ¼ TURN, PADDLE ½ TURN**

1 – 2                      Turn ½ left (9.00) with toes R fwd, Dropping R to back  
3 – 4                      Turn ½ left (3.00) with toes L to back, Dropping L fwd  
5 – 6                      Step R fwd, make a ¼ turn to left (12.00) recover on L  
7 – 8                      Step R fwd, make a ½ turn to left (6.00) recover on L

**HAPPY DANCING!**

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