

Tractor Polka Two

COPPER KNOB
BYEPOSTETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Marie Louw (SA) - June 2016
音樂: Traktor polka - Atomik Harmonik



Start dancing on lyrics

CROSS ROCK, RIGHT CHASSE, CROSS ROCK, LEFT CHASSE

1-2 Cross right over left, Recover on left
3&4 Step right to right side, step left next to right, step right to right side.
5-6 Cross left over right, recover on right
7&8 Step left to left side, step right next to left, step left to left side

STEP FORWARD ½ TURN LEFT, RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD, ROCK FORWARD

1-2 Step right forward ½ turn to left
3&4 Step right forward, close left next to right, step right forward
5&6 Step left forward, close right next to left, step left forward
7-8 Right rock forward, recover on left

SIDE ROCK LEFT CROSS SHUFFLE, SIDE ROCK RIGHT CROSS SHUFFLE

1-2 Rock to right side, recover on left
3&4 Cross right over left, step left to side, cross right over left
5-6 Rock to left side, recover on right
7&8 Cross left over right, step right to side, cross left over right

RIGHT HIP BUMPS, LEFT HIP BUMPS, JAZZ BOX

1-4 Bump Right hip x2, left hip bump x2
5-8 Cross right over left, step back on left, step right foot to right side, left next to right

HAPPY DANCING!!

Contact: louw@truewan.co.za