## Starting From Zero，Nothing To Lose

拍數： 48
嚆數： 2
級數：Intermediate
編舞者：Eugene Walls（USA）\＆Betty Moses（USA）－June 2016
音樂：Fast Car（feat．River）－Tobtok ：（Single－iTunes）
\＃16 count intro

## Restart on Wall 4 after 16 counts

［1－8］$\square T O U C H / K I C K, ~ C O A S T E R ~ S T E P, ~ T U R N / R E C O V E R, ~ T U R N / R E C O V E R ~$

| $1-2$ | Touch $L$ toe next to $R$ with a slight knee bend，On ball of $R$ ，turn $1 / 4$ left while kicking $L$ forward <br> ［9：00］ |
| :--- | :--- |
| $3 \& 4$ | Step $L$ back，Step $R$ back，Step $L$ forward |
| $5-6$ | Side rock with $R$ turning $1 / 4$ left $\square$ ，Recover $L \square[6: 00]$ |
| $7-8$ | Side rock with $R$ turning $1 / 4$ left，Recover $L \square[3: 00]$ |

［9－16］DBEHIND／SIDE／CROSS，ROCK／RECOVER／CROSS，MONTEREY
1\＆2 Step $R$ behind $L$ ，Step $L$ to left side，Step $R$ across $L$
3\＆4 Rock $L$ to left side，Recover R，Step $L$ across $R$
5－6 Point $R$ to right side，Step $R$ next to left turning $1 / 4$ right［6：00］
7－8 Point $L$ to left side，Step $L$ next to $R$
＊＊＊＊RESTART ON WALL 4 OCCURS HERE＊＊＊＊
［17－24］ 1 12 V STEP，BALL／CROSS，KNEE POP，POINT／STEP BACK，TRIPLE $1 / 4$ TURN
1－2 Step R out and forward，Step $L$ out and forward
\＆3 Step ball $R$ foot next to $L$ ，Place $L$ slightly across $R$
\＆4 Pop knees forward，Return knees to neutral position $\square$（weight on $R$ ）
5－6 Point $L$ toe to side，Step $L$ behind $R$
7\＆8 Triple to right turning $1 / 4$ right（RLR）$\square$［9：00］
［25－32］PIVOT ½ RIGHT，TRIPLE FULL TURN，STEP，ROCK／RECOVER，RUN RUN RUN
1－2 Step forward on L，Pivot $1 / 2$ turn right $\square$［3：00］
3\＆4 Step back on $L$ turning $1 / 2$ right，Step forward on $R$ turning right $1 / 2$ ，Step forward on $L$
5－6 Rock forward on R，Recover L
7\＆8 Run back RLR
［33－40］POINT／STEP，ROCK／RECOVER／CROSS OVER，POINT／STEP，ROCK／RECOVER／CROSS BEHIND
1－2 Moving slightly backward，Point $L$ to left side，Step $L$ behind $R$
3\＆4 Rock R to right side，Recover L，Cross R over L
5－6 Moving slightly forward，Point $L$ to left side，Step $L$ cross $R$
$7 \& 8 \quad$ Rock R to right side，Recover L，Step R behind L
［41－48］BALL／STEP／WALK，ROCK／RECOVER／TURN，WALK／WALK，SYNCOPATED V STEP
\＆1－2 Step on ball of $L$ to side，Step $R$ next to $L$ ，Step $L$ forward
3\＆4 Rock forward on R，Recover on L，Step R forward turning $1 ⁄ 4$ right［6：00］
5－6 Step L forward，Step R forward
\＆7\＆8 Step L out，Step R out，Step L back，Step R next to L

