Lonely Man



編舞者: Phil Carpenter (UK) - June 2016

音樂: A Man Without Love (Live) - Raul Malo: (Album: Around The World, Live At The

Sage, Gateshead - iTunes)



INTRO: 32 COUNT INTRO. START ON VOCALS

SECTION 1:□ RIGHT SIDE ROCK, CROSSING SHUFFLE, LEFT SIDE, ROCK ¼ TURN RIGHT, LEFT SHUFFLE FORWARD.

1 – 2	Right side rock, Recover weight on Left	ſ

3 & 4 Right Cross in front of Left, Left step to Left side, Right cross in front of Left.

5 - 6 Left side rock, Recover weight on Right turning ¼ turn Right. (3.00)

7 & 8 Left step forward, Right step beside Left, Left step forward.

SECTION 2:□RIGHT ROCK FORWARD. ¾ TRIPLE TURN RIGHT, WEAVE RIGHT, RIGHT SWEEP.

9 – 10 Right rock forward, Recover weight on Left.

11 & 12 ³/₄ Triple Turn Right, Stepping Right, Left, Right. (12.00)

** Quickly change weight to Left foot & Restart dance at this point during wall 6 **

13 - 14 Left cross over Right, Right step to Right side.

15 - 16 Left cross behind Right, Right sweep out to Right side.

SECTION 3:□RIGHT BEHIND, LEFT SIDE, RIGHT CROSS & SIDE, LEFT CROSS ROCK, RECOVER, TURNING ¼ LEFT, LEFT SHUFFLE FORWARD.

17 – 18	Right cross behind Left, Left step to Left side
17 - 10	Right Cross behind Left, Left Step to Left Side

19 & 20 Right cross over Left, Recover weight on left, Right step to Right side.

21 - 22 Left cross over Right, Recover weight on Right.

23 & 24 Turn ½ Left stepping Left forward, Right step beside Left, Left step forward.(9.00)

SECTION 4:□RIGHT ROCKING CHAIR, PIVOT ½ TURN LEFT, WALK FORWARD RIGHT, LEFT.

25 – 26 Right rock forward, Recover weight on Left. 27 - 28 Right step back, recover weight on Left. 29 - 30 Right step forward, Pivot ½ turn Left. (3.00)

Restart Dance at this point during walls 3 & 8

31 - 32 Walk forward Right, Left.

REPEAT DANCE FACING NEW WALL. - ENJOY AND HAVE FUN.

***** Choreographers Note: Restarts required during walls, 3, 6, 8.

PHIL'S BIG FINISH: Wall 15: You Will Be Facing 3.00.

Dance up to steps 13 - 14: Then,

15 – 16. Turn ¼ Left, Stepping Left to Left side, Touch Right beside Left,

Arms Out, Facing Front. TA DAH.

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