

Can't Stop The Feeling

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Rachel Burgess (AUS) - June 2016
音樂: CAN'T STOP THE FEELING! - Justin Timberlake : (Album: Can't Stop the Feeling - 3:56 - iTunes)



Intro: □□16 counts - Dance turns anticlockwise□□□□□

[1-8]□□SIDE, R ANCHOR, SIDE, L ANCHOR, WALK, WALK, PIVOT 5/8R, STEP FWD

1,2&3,4& Step L to L, rock/step R behind L, replace weight to L, step R to R, rock/step L behind R, replace weight to R

5,6,7&8 Step fwd L, step fwd R, step fwd L, pivot ½ turn R (weight to R), turn 1/8th R & step fwd L (7.30)

[9-16]□□TGTHR, FWD, REPLACE, BACK, LOCK, BACK, ½, PIVOT 5/8R, STEP FWD

&1,2,3&4 (the next 7 counts are danced on the diagonal) Step R beside L, rock/step fwd L, replace weight to R, step back L, cross/step R in front of L, step back L

5,6,7,8 Turn ½ R & step fwd R (1:30), step fwd L, pivot ½ turn R (weight to R), turn 1/8th R & step fwd L (9.00)

[17-24]□□SIDE BALL, CHANGE, CROSS, SIDE, CROSS, ¼ BACK, BACK, BACK, R COASTER

&1,2,3,4 Small step to R on Ball of foot, replace weight to L, cross/step R over L, step L to L, cross/step R over L

&5,6,7&8 Turn ¼ R & step back L, step back R, step back L, R coaster (12.00)

[25-32]□□KICK, BALL, STEP, SASSY WALK X 2, TOUCH, TGETHR, TOUCH, TOUCH BACK, ¼ R

1&2,3,4 Kick L fwd, step down on L ball of foot, step fwd R, boogie/sassy walks fwd L, R,

5&6,7,8 Touch L to L side, step L beside R, touch R to R side, touch R toe back, unwind ¼ turn R keeping weight on L (3.00)

[33-40]□□KICK, TOGTHR, TOUCH X 2, BACK, BALL, STEP X 2 (WITH ATTITUDE)

1&2,3&4 Kick R fwd, step R beside L, touch L to L side, kick L fwd, step L beside R, touch R to R side

5&6,7&8 Step back on R with a slight body turn to R angle, step down on L ball of foot, step R in place, step back L with slight body turn to L angle, step down on R ball of foot, step L in place (3.00)

[41-48]□□WALKS BACK X 2, R COASTER, STOMP, HOLD, ½ TURN, RUN X 3

1,2,3&4 (Moon walk back or slide back with knee pops)- Slide R back & pop L knee, slide L back & pop R knee, R coaster,

5,6,7,8&1 Stomp L fwd, hold, turn ½ R keeping weight back on L, run fwd R, L, R (9.00)

[49-56]□□ROCK, REPLACE, FULL TURN BACK, STEP BACK, BACK, ¼ L & TOUCH, SIDE, CROSS

2,3,4&5 Rock/step fwd L, replace weight to R, turn ½ L & step fwd L, turn ½ L & step back R, step back L (9.00)

6&7,8& Step back R, turn ¼ L & step L to L & touch R to R side, step R to R, cross/step L over R (6.00)

[57-64]□□1/4 WALK, WALK, STEP, LOCK, STEP, TGETHR, SIDE DRAG, KNEE POPS X 2

1,2,3&4 Turn ¼ R & walk fwd R, L, step fwd R, lock/step L behind R, step fwd R, (9.00)

&5,6,7,8 Step L beside R, take a big step to R & drag L (5,6), replace weight to L & pop R knee, replace weight to R & pop L knee. (knee pops with attitude!!) (9.00)

Restart: Wall 3. Dance counts 1- 16 then step R beside L on (&) and Restart wall 4 facing (3.00)

Tag: End of Wall 6 facing 6.00

1,2&3,4& Step L to L, drag R to L, step R beside L, step L to L, drag R to L, step R beside L (6.00)

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