

Don't Be So Shy

COPPERKNOB
BY SHEETS

拍數: 64 牆數: 2 級數: Phrased Easy Intermediate
編舞者: Maria Elena Santarromana (FR) - May 2016
音樂: Don't Be so Shy (Filatov & Karas Remix) - Imany



#32 Counts Introduction

SEQUENCES : AA AAA B TAG 1, TAG 2, AA AAA

A : 32 COUNTS

A[1-8] □ R SCISSOR STEP – L SLIDE - L SCISSOR – R SLIDE

1&2 R to R Cross - L behind R - Recover on R
3-4 Big step to L - R together
5&6 L to L - Cross R behind L - Recover on L
7-8 Big step to R - L together

A[9-16] □ R KICK BALL STEP – R SAILOR - FULL TURN L

1&2 Kick R – R next to L – Recover on L
3&4 Cross R behind L – Open L to L - Open R to R
5-8 L full Turns to back (5) ½ L Turn stepping L forward – (6) R back with ½ L Twice

Easier Option 4 back steps LRLR

A[17-24] L BACK CROSS CHACHA – R KICK BALL STEP - R CROSS BACK - CHACHA ½ R PIVOT TURN

1&2 Cross L behind R - Recover on R forward - Recover on L behind
3&4 Kick R – R next to L - Recover on L
5&6 Cross R behind L - Recover on L forward - Recover on R behind
7-8 L forward - ½ R pivot Turn - Recover on R (6 O'clock)

A[25-32] □ L SAILOR – R SAILOR – LOCK STEP – STEP – LOCK STEP

1&2 Cross L behind R – Open R to R - Open L to L
3&4 Cross R behind L – Open L to L - Open R to R
5&6 L forward - Lock R behind L - L forward
& R step forward
7&8 Lock L behind R – R forward – Lock L Behind R

B : 32 COUNTS

B[1-8] □ R STEP – R SAILOR – L ROLLING WINE

1-2 Open RigRht to R - L together
3&4 Cross R behind L – Open L to L - Open R to R
5-8 [1 L full turn to left] (5) L forward with ¼ L turn - (6) R to R with ¼ L turn – (7) L back with ¼ L turn – (8) R to R with ¼ L T

Easier Option Wine to the L

B[9-16] □ L STEP – L SAILOR – R ROLLING WINE

1-2 Open L to L - R together
3&4 Cross L behind R – Open R to R - Open L to L
5-8 [1 R full turn to R] (5) R forward with ¼ R turn - (6) L to L with ¼ R turn - (7) R back with ¼ R turn - (8) L to L with ¼ R Turn

Easier Option Wine to the R

B[17-24] □ R CROSS BACK - L KICK - L SAILOR - BACK L STEP TOUCH - L FORWARD ROCK STEP

1-2 Cross R behind L – Kick L forward
3&4 Cross L behind R – Open R to R - Open L to L

5-6 R back - Touch L forward
7-8 Rock step L forward - Recover on R

B[24-32]□L CROSS BACK - R KICK - R SAILOR - BACK R STEP TOUCH - R FORWARD ROCK STEP

1-2 Cross L behind R – Kick R forward
3&4 Cross R behind L – Open L to L - Open R to R
5-6 L back Touch R forward
7-8 Rock step R forward - Recover on L

TAG 1 : 4 counts (on silence after 5th A) SWAY RLRL

TAG 2 : 16 Ccounts

1-8 FORWARD DIAGONAL STEP TOUCH RLRL
9-16 BACK DIAGONAL STEP TOUCH RLRL

**For more style and fun add snaps and hips rolls or shoulder rolls
For easier version you can just do the 32 1st counts with tags**

Enjoy

Contact : maria.elena@aliceadsl.fr
