

Can't Stop The Feeling

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jessica Cousins - May 2016
音樂: CAN'T STOP THE FEELING! - Justin Timberlake



#16 count intro, start on vocals.

[1-8] Right Dorothy, Left Dorothy, Side behind ¼ heel & Step

- 1, 2, & (1) Step forward on right to right diagonal, (2) Lock left behind right, (&) Step forward on right to right diagonal
3, 4, & (3) Step forward on left to left diagonal, (4) Lock right behind left, (&) Step forward on Left to left diagonal
5, 6 (5) Step right to right side, (6) cross left behind right
& 7, & 8 (&) Step right back ¼ turn to left, (7) Touch left heel forward, (&) step left next to right, (8) step forward on right (9:00)

[9-16] Left toe strut hip bumps, Right toe strut hip bumps, Left rock, Recover, Coaster (full turn triple)

- 1, & 2 (1) Touch left toe forward bumping left hip, (&) bump hips to right, (2) Step onto left bumping left hip
3, & 4 (3) Touch right toe forward bumping right hip, (&) bump hips to left, (4) Step onto right bumping right hip
5, 6 (5) Rock forward on left, (6) Recover on right
7 & 8 (7) Step back on left, (&) step right together next to left, (8) Step forward on left (optional left full turn triple)

(Restart to the 12:00 on wall 3)

[17-24] Right side, Hold, and Side, Touch, Left rolling 1 & ¼ turn

- 1, 2 (1) Step right to right side, (2) Hold,
& 3, 4 (&) step left next to right (3) Step right to right side, (4) Touch left next to right
5, 6, 7, 8 (5) Step left ¼ turn left, (6) Step back on right ½ turn to left, (7) Step forward on left ½ turn to left, (8) step forward on right (6:00)

[25-32] Left rocking chair, Left ½ turn Square box

- 1, 2, 3, 4 (1) Rock forward on left, (2) Recover on right, (3) Rock back on left, (4) Recover on right
5, 6, 7, 8 (5) Step forward on left, (6) Step right to right side, (7) Side Step left ¼ turn left, (8) Side Step right ¼ turn left (12:00)

[33-40] Rock Left, Right, Left & Left, Rock Right, Left, Right & Right

- 1, 2, 3, & 4 (1) Rock left to left side, (2) Rock right to right side, (3) Rock left to left side, (&) Step right next to left, (4) Rock left to left side
5, 6, 7, 8 (5) Rock right to right side, (6) Rock left to left side, (7) Rock right to right side, (&) Step left next to right, (8) Rock right to right side

[41-48] Walk Left, Right, step, ½ right, Step, Walk Right, Left, ½ Left Stepping back on right, drag

- 1, 2, 3 & 4 (1) Step forward left, (2) Step forward right, (3) Step forward on left (&) step right ½ turn right, (4) Step forward on left (6:00)
5, 6, 7, 8 (5) Step forward on right, (6) Step forward on left, (7) Large step back on right turning ½ left, (8) Drag left up to right (leaving weight on right) (12:00)

[49-56] Left Samba, Right Samba, Applejacks

- 1 & 2 (1) Step left forward to left diagonal, (&) Step right next to left (twisting to face right diagonal), (2) Step onto left in place next to right
3 & 4 (3) Step right forward to right diagonal, (&) Step left next to right (twisting to face left diagonal), (4) Step onto right in place next to left

5 & 6 & 7 & 8 (5) (Straightening to the front) Step left to side left, (&) swivel left toes to left and right heel to left, (6) swivel back to centre, (&) Swivel right toes to right and left heel to right, (7) Swivel back to centre, (&) Swivel left toes to left and right heel to left, (8) Swivel to centre (optional heel swivels)

[57-64&] Walk round Full turn Left, Step Bounce ¼ right Bounce ¼ right, Right back rock

1, 2, 3, 4 (1) Step left ¼ turn left, (2) Step right ½ turn left, (3) Step left ¼ turn left, (4) Step forward on right (12:00)

5, 6, 7, 8 & (5) Step forward on left, (6) Bounce both heels ¼ turn right, (7) Bounce both heels ¼ turn right, (8) Rock back on right, (&) Recover on left.

Restart - is on wall 3 starting the dance facing 12:00, at count 16 you will be facing 9:00 so a ¼ turn is needed to face back to 12:00 to start the dance again.

Wall 3, count 15 -16 □coaster step ¼ turn right to 12:00 then Restart

OR ¾ triple turn left to 12:00 then Restart.

TAG: At the end of wall 6 (6:00)

Side back rock, side back rock

1, 2 & (1) Step right to right side, (2) Rock left behind right, (&) Recover on right

3, 4 & (3) Step left to left side, (4) Rock right behind left, (&) Recover on left. Restart

****End of Dance****

Enjoy and have fun with it

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