

Carlipa Dance

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Bernard Canal (FR) - June 2010
音樂: Bouge la cabeza - Flavel & Neto



(This dance is dedicated to our group of dance of Carlipa)

Intro : Start after the intro music and tempo 2 x 8 counts

A[1-8] Step Right, Touch, Step Left, Touch, Point Right, Touch, Heel, Hook

1-2 Step right to right, touch left toe beside right - 12:00
3-4 Step left to left, touch right toe beside left
5-6 Touch right toe to right, touch right toe beside left
7-8 Touch right heel forward, Hook right foot in front of the Left Leg

B[1-8] Step Lock Step brush, Step Lock Step brush

1-2 Step right forward, lock left behind right
3-4 Step right forward, brush ball of left front
5-6 Step left forward, lock right behind left
7-8 Step left forward, brush ball of right front

C[1-8] Heel Touch Right, Heel Touch left, Jazz Box with ¼ Turn Right

1-2 Touch right heel forward, bring right beside left
3-4 Touch left heel forward, bring left beside right
5-6 Cross right over left, step back on left
7-8 Make ¼ turn right stepping forward on right, step left next to right - 03:00

D[1-8] Rocking Chair, Jazz Box with ¼ Turn Right

1-2 Step right forward, recover on left
3-4 Step right behind, recover on left
5-6 Cross right over left, step back on left
7-8 Make ¼ turn right stepping forward on right, step left next to right - 06:00

REPEAT START SMILE AND HAVE FUN !

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