

Sally

拍數: 48 牆數: 4 級數: Phrased Intermediate
編舞者: Anthony Brettnacher (FR) - June 2016
音樂: Sally - Keen'V



Sequence : [A – B – B – A] – [A – B – B – A] – [A – B – B – A] – B – B

Part A (32 counts) :

Section A1 : □ Step Lock Step x2 – Rock Recover – Shuffle ½ Turn

1&2 RF Front Step – LF Crossed behind RF – RF Front Step
3&4 LF Front Step – RF Crossed behind LF – LF Front Step
5 6 RF Front Rock – Recover on LF
7&8 RF ½ Turn on right with step – LF beside RF – RF Step on right side

Section A2 : □ Step Lock Step x2 – Rock Recover – Shuffle ¼ Turn

1&2 LF Front Step – RF Crossed behind LF – LF Front Step
3&4 RF Front Step – LF Crossed behind RF – RF Front Step
5 6 LF Front Rock – Recover on RF
7&8 LF ¼ Turn on left with step – RF beside LF – LF Step on left side

Section A3 : □ Cross Rock Recover – Shuffle – Cross Rock Recover – Shuffle

1 2 RF Cross Rock – Recover on LF
3&4 RF on right side – LF beside RF – RF on right side
5 6 LF Cross Rock – Recover on RF
7&8 LF on right side – RF beside LF – LF on left side

Section A4: □ Mambo Heel – Cross – Stomp – Mambo Heel – Cross – Stomp

1&2 RF Back Rock – Recover on LF – Right Heel Front
&3 4 RF Step – LF Cross – RF Stomp on right side
5&6 LF Back Rock – Recover on RF – Left Heel Front
&7 8 LF Step – RF Cross – LF Stomp on left side

Part B (16 counts) :

Section B1 : □ Side – Together – Shuffle Fwd – Side – Together – Shuffle Back

1 2 RF Side step – LF step beside RF (weight on LF)
3&4 RF front step – LF beside RF – RF front step
5 6 LF Side step – RF step beside LF (weight on RF)
7&8 LF back step – RF beside LF – LF back step

Section B2 : □ Grapevine – Touch – Grapevine – Touch

1 2 3 4 RF Side Step – LF cross behind RF – RF side step – Touch
5 6 7 8 LF Side Step – RF cross behind LF – LF ¼ Turn Step – Touch

*Last Touch can be replaced by a Scuff before starting a Part A

Contact : anthony.brettnacher@orange.fr

Last Update – 6th July 2016