I Love Me Most

拍數: 32

級數: Beginner / Improver

編舞者: Betty Moses (USA) - June 2016

音樂: I Love Me - Meghan Trainor & LunchMoney Lewis

牆數: 2

Start after 24 count intro on the word 'ME' when he sings 'I Love Me'

[1-8] STEP/TOGETHER, STEP/TOGETHER/FORWARD, STEP/TOGETHER,

STEP/TOGETHER/FORWARD

- 1-2 Step R to side, Step L next to R
- 3&4 Step R to side, Step L next to R, Step R forward
- 5-6 Step L to side, Step R next to L
- 7&8 Step L to side, Step R next to L, Step L forward

[9-16] STEP/TOUCH/STEP, TRIPLE HALF TURN, HEEL GRIND/RECOVER, COASTER CROSS

- 1&2 Step forward on R, Touch L next to R, Step back on L
- (Instead of 1&2 Easier option 1-2 Rock forward on R, Recover weight on L)
- 3&4 Triple half turning right R-L-R□ [6:00]
- 5-6 Dig L heel forward, Recover weight on R
- 7&8 Step back on L, Step R next to L, Cross L over R

[17-24] STEP/TOGETHER, STEP/TOGETHER, STEP/TOUCH

- 1&2& Step R to side, Step L next to R, Step R to side, Step L next to R
- 3-4 Step R to side, Touch L next to R
- 5&6& Step L to side, Step R next to L, Step L to side, Step R next to L
- 7-8 Step L to side, Touch R next to L

[25-32] V STEP, SWIVEL RIGHT, SWIVEL LEFT

- 1-4 Step forward and out on R, Step forward and out on L, Step back on R, Step L next to R
- 5&6 Swivel right (heels right, toes right, heels right)
- 7&8 Swivel left (heels left, toes left, heels left)

Have Fun

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