Watching Over Me

拍數: 32

級數: Intermediate

編舞者: Vikki Morris (UK) - June 2016

音樂: Watching over Me - Paul Carrack

Music Available from, amazon, iTunes Start: 16 counts on the word "Remember"

S1: Right Side, Left Cross Rock Recover, Left Chasse, Right Back Rock Recover, 1/4 Right Shuffle

- 1 2 3 Large step to Right side, Cross Rock Left over Right, Recover on Right
- 4&5 Step Left to Left side, Step Right next to Left, Step Left to Left side
- 6 7 Rock back on Right, Recover on Left
- 8&1 Turn ¼ turn Right stepping forward Right, Step Left next to Right, Step forward Right□(3 o clock)

S2: Pivot ¼ Right, Left Cross Shuffle, Step Right, Back Left With Sweep, Right Behind, Left Side, Cross Right

- 2 3 Step forward Left, Pivot ¼ turn Right □(6 o clock)
- 4&5 Cross Left over Right, Step Right to Right side, Cross Left over Right
- 6 7 Large step to Right, Step back on Left (behind Right) and sweep Right out and behind
- 8&1 Cross Right behind Left, Step Left to Left side, Cross Right over Left

S3: Rock Left, Rock Right with Sweep, Left behind, Right Side, Step Forward Left, Pivot ¼ Left, Right Cross Shuffle

- 2 3 Rock Left, Rock Right as you sweep Left out and behind
- 4&5 Cross Left behind Right, Step Right to Right side, Step forward Left
- 5 6 Step forward Right, Pivot ¼ turn Left □(3 o clock)
- 8&1 Cross Right over Left, Step Left to Left side, Cross Right over Left

S4: 1/2 Turn Right, Left Cross, Right Rock Recover, Cross Right, Left Side, Right Sailor Step

- 2 3 Turn ¼ turn Right stepping back Left, Turn ¼ turn Right stepping Right to Right side (9 o clock)
- 4&5 Cross Left over Right, Rock Right to Right side, Recover on Left
- 6 7 Cross Right over Left, Step Left to Left side
- 8& Cross Right behind Left, Step Left to Left side (completing the sailor on count 1 of the dance)

START AGAIN AND SMILE

Floor splits: Islands In The Stream, Speak With Your Heart.

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牆數:4