

What A Rush

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Darcie DeAngelis (USA) - June 2016
音樂: Lush Life - Zara Larsson



Count in: 16 counts □-□ Restart: wall 8 after 16 counts

(1-8) □ Cross Samba x 2 R L, 1/4 turn L Volta

1 & 2 Cross R over L (1) Rock L to L (&) Recover R (2)
3 & 4 Cross L over R (3) Rock R to R (&) Recover L (4)
5 & 6 Making 1/4 turn L over next 4 counts, Cross R over L (5) Step L to L (&) Cross R over L □(6)
 Step L to L (&)
7 & 8 Cross R over L (7) Step L to L (&) Cross R over L (8)

(9-16) □ Side Step Back Rock Recover x 2 L R, Step L, 1/4 Turn R, Weave R

1 2 & Step L to L side (1) Rock R behind L (2) Recover L (&)
3 4 & Step R to R side (3) Rock L behind R (4) Recover R (&)
5 6 Step L forward (5) 1/4 turn R, weight to R (6)
7 & 8 Cross L behind R (7) Step R to R side (&) Cross L over R (8)

*Restart here on wall 8

(17-24) Side Step R, Touch L, 1/4 Turn Triple L, Walk x 2 R L, R Side Rock Recover Cross

1 2 Step R to R (1) Touch L next to R (2)
3 & 4 Making 1/4 turn L, Step L forward (3) Step R next to L (&) Step L forward (4)
5 6 Step R forward (5) Step L forward (6)
7 & 8 Rock R to R side (7) Recover L (&) Cross R over L (8)

(25-32) □ L Side Rock Recover Cross, R Side Rock, Recover, Weave L, Slide L

1 & 2 Rock L to L side (1) Recover R (&) Cross L over R (2)
3 4 Rock R to R side (3) Recover L (4)
5 & 6 Cross R behind L (5) Step L to L side (&) Cross R over L (6)
7 8 Big step L to L (7) Slide R to L, keeping weight on L (8)

Contact: ccsasyt@gmail.com

Last Update – 16th July 2016