

# Strip It Down Beginner

COPPER KNOB  
BY STEPHENETS

拍數: 32      牆數: 2      級數: Beginner NC2S  
編舞者: Rosalee Musgrave (USA) - June 2016  
音樂: Strip It Down - Luke Bryan : (iTunes, amazon)



Count In: 16 Counts

**Left Nightclub Basic, Rock Side, Recover, Rock Back, Recover, Right Nightclub Basic, Rock Side, Recover, Rock Back, Recover**

- 1 – 2 &      Step Left to Left side, Rock Right foot behind Left, Recover forward on Left
- 3 & 4 &      Rock Right to Right side, Recover on Left, Rock Right back behind Left, Recover forward on Left
- 5 – 6 &      Step Right to right side, Rock Left foot behind Right, Recover forward on Right
- 7 & 8 &      Rock Left to Left side, Recover on Right, Rock Left back behind Right, Recover forward on Right

**Left Cross Rock, Recover, Rock Side, Recover, Weave Back, Side Cross, Right Cross Rock, Recover, Rock Side, Recover, Weave Behind, ¼ Left, Step Side**

- 1 & 2 &      Cross Rock Left over Right, Recover back on Right, Rock Left to Left side, Recover on Right
- 3 & 4      Weave stepping Left behind Right, Step Right to Right side, Cross Left over Right
- 5 & 6 &      Cross Rock Right over Left, Recover back on Left, Rock Right to Right side, Recover on Left
- 7 & 8      Weave stepping Right behind Left, Turn ¼ Left stepping forward on Left, Step on Right beside Left (9:00)

**Left Cross Rock, Recover, Rock Side, Recover, Weave Back, Side Cross, Right Cross Rock Recover, Rock Side, Recover, Weave Behind, ¼ Left, Step Side**

- 1 & 2 &      Cross Rock Left over Right, Recover back on Right, Rock Left to Left side, Recover on Right
- 3 & 4      Weave stepping Left behind Right, Step Right to Right side, Cross Left over Right
- 5 & 6 &      Cross Rock Right over Left, Recover back on Left, Rock Right to Right side, Recover on Left
- 7 & 8      Weave stepping Right behind Left, Turn ¼ Left stepping forward on Left, Step on Right beside Left (6:00)

**Left Lock To Left Diagonal, Scuff Right, Right Lock To Right Diagonal, Scuff Left, Left Heel, Step, Right Heel, Step, Point Left, Step, Point Right, Step**

- 1 & 2 &      Step Left forward to Left diagonal, Lock Right foot behind Left, Step forward Left to Left diagonal, Scuff Right heel low
- 3 & 4 &      Step Right forward to Right diagonal, Lock Left Foot behind Right, Step forward on Right to Right diagonal, Scuff Left heel low
- 5 & 6 &      Touch Left Heel forward, Step on Left foot, Touch Right Heel forward, Step on Right foot  
**(As the heels are done, straighten to 6:00 wall)**
- 7 & 8 &      Point Left toe to Left side, Step on Left foot, Point Right toe to Right side, Step on Right foot

**REPEAT DANCE - HAPPY DANCING!**