Hele On To Kauai

COPPER KNOB

拍數: 64

牆數: 2

級數: High Improver

編舞者: Irene Deng (TW) & Martie Papendorf (SA) - June 2016

音樂: Hele On to Kaua'i - Israel Kamakawiwo'ole : (Album: E Ala E)

#1 x BRIDGE 2x....BOTH ON 9.00 #1 x 4 COUNT TAG ADDED 2x...BOTH ON 12.00

Start on vocals after 32 counts

S1: CROSS, LOCK, TURN, HITCH, CROSS, LOCK, FWD, HOLD

- 1,2,3,4 Step R across L to left diagonal, Close L behind R, Step R to face right diagonal, Hitch L to face right diagonal, [1.30]
- NOTE: Optional "Snake" arms Hawaiian style to right diagonal during counts 1,2,3
- 5,6,7,8 Step L across R to right diagonal, Close R behind L, Step L fwd to 12.00, Hold [12.00]

NOTE: Optional "Snake" arms Hawaiian style to left diagonal during counts 5,6,7

S2: ROCK FWD, RECOVER, FWD ½ RIGHT, SIDE ¼ RIGHT, BEHIND, SIDE, CROSS, SIDE

- 1,2,3,4 Rock R fwd, Recover back onto L, Step R fwd making a ½ turn right, [6.00] Step L to left side making a ¼ turn right sweeping R out from front to back, [9.00]
- 5,6,7,8 Cross R behind L, Step L to left side, Step R across L, Step L to left side [9.00]

S3: CROSS, POINT, CROSS, POINT, BACK, RECOVER, FORWARD, HOLD

- 1,2,3,4 Cross R behind L, Point L to left side, Cross L behind R, Point R to right side,
- BRIDGE: Leave out counts 1,2,3,4 of sec. 3 during wall 1, facing 9.00 and wall 3, facing 9.00
- 5,6,7,8 Rock R back, Recover on L, Step R forward, Hold [9.00]

S4: SIDE, TOGETHER, FWD, HOLD, ¾ TURN FWD RIGHT, BRUSH

- 1,2,3,4 Step L to left side, Step R next to L, Step L fwd, Hold,
- 5,6,7,8 Step R fwd, Step L back making a ½ turn right [3.00], Step R to right side making a ¼ turn right, Brush L across R[6.00]

S5: CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS, HOLD

- 1,2,3,4 Step L across R, Step R to right side, Cross L behind R, Sweep R out from front to back,
- 5,6,7,8 Cross R behind L, Step L to left side, Step R across L, Hold [6.00]

S6: LEFT FWD, TOUCH, BACK, TOUCH, ¼ TURN LEFT FWD, ¼ TURN LEFT WEAVE

- 1,2,3,4 Step L to left diagonal, Touch R behind L and clap, Step R back, Touch L beside R and clap,
- 5,6,7,8 Make a ¼ turn left step L fwd [3:00], Make a ¼ turn left step R to right, Cross L behind R, Step R to right [12:00]

S7: LEFT KICK, CROSS, BACK, SIDE, RIGHT KICK, CROSS, BACK ¼ RIGHT, SIDE

- 1,2,3,4 Kick L across R raising up on R, Step L across R, Step R back, Step L to left side,
- 5,6,7,8 Kick R across L raising up on L, Step R across L, Step L back making a ¼ turn right, [3.00] Step R to right side [3.00]

S8: ROCK FWD, RECOVER, FWD ½ LEFT, HOLD, 2x 1/8 PADDLE TURNS ¼ LEFT

- 1,2,3,4 Rock L fwd, Recover back onto R, Step L fwd making a ¹/₂ turn left, Hold, [9.00]
- 5,6,7,8 Step R fwd, Step L to left side making a paddle turn 1/8 left, Step R fwd, Step L to left side making a paddle turn 1/8 left [6.00]

BRIDGE-Leave out counts 1,2,3,4 of sec. 3 during wall 1, facing 9.00 and wall 3, facing 9.00

TAG- DIAGONAL ROCKING CHAIR added after wall 2, facing 12.00 and wall 4, facing 12.00



1,2,3,4 Rock R to left diagonal, Recover L back, Rock R back, Recover L to left diagonal

START AGAIN

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