

Crazy Life

COPPERKNOB
BY SHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Robbie McGowan Hickie (UK) & Jef Camps (BEL) - June 2016
音樂: Ready To Roll - Ruthie Collins



Music Available on Download from iTunes & www.amazon.co.uk

#16 Count intro

S1: Forward Rock. Left Shuffle 1/2 Turn Left. Step. Pivot 1/2 Turn Left. 2 x Walks Forward.

1 – 2 Rock forward on Left. Rock back on Right.
3&4 Left shuffle making 1/2 turn Left stepping Left. Right. Left.
5 – 6 Step forward on Right. Pivot 1/2 turn Left.
7 – 8 Walk forward on Right. Walk forward on Left. (Facing 12 o'clock)

S2: Right Heel-Ball-Cross. Hinge 1/2 Turn Left. Right Cross Rock. Chasse 1/4 Turn Right.

1&2 Dig Right heel Diagonally forward Right. Step ball of Right beside Left. Cross step Left over Right.
3 – 4 Make 1/4 turn Left stepping back on Right. Make 1/4 turn Left stepping Left to Left side.
5 – 6 Cross rock Right over Left. Rock back on Left.
7&8 Step Right to Right side. Close Left beside Right. Make 1/4 turn Right stepping forward on Right. *R*

S3: 1/2 Turn Right. Step Back. Left Coaster. 2 x Walks Forward. Anchor Step.

1 – 2 Make 1/2 turn Right stepping back on Left. Step back on Right.
3&4 Step back on Left. Step Right beside Left. Step forward on Left.
5 – 6 Walk forward on Right. Walk forward on Left.
7&8 Lock Right behind Left. Rock forward on Left. Step back on Right. (Facing 3 o'clock)

S4: 2 x Walks Back. Out-Out. Step Back. Back Rock. Right Kick-Ball-Step Forward.

1 – 2 Walk back on Left. Walk back on Right.
&3 – 4 Jump out Left to Left side. Step Right to Right side. Step back on Left.
5 – 6 Rock back on Right. Rock forward on Left.
7&8 Kick Right forward. Step Right beside Left. Step forward on Left.

S5: Step. Pivot 1/4 turn Left. Right Shuffle Diagonally Forward. Side Rock. Left Shuffle Diagonally Forward.

1 – 2 Step forward on Right. Pivot 1/4 turn Left. (Facing 12 o'clock)
3&4 Right shuffle Diagonally forward Left stepping Right. Left. Right.
5 – 6 Rock Left to Left side. Recover on Right to face Right Diagonal.
7&8 Left shuffle Diagonally forward Right stepping Left. Right. Left.

S6: Right Side Rock. Behind & Cross. Left Side Rock. & Side Step Right. Touch and Clap.

1 – 2 Rock Right out to Right side. Recover on Left. (Straighten up to 12 o'clock)
3&4 Cross Right behind Left. Step Left to Left side. Cross step Right over Left.
5 – 6 Rock Left out to Left side. Recover on Right.
&7 – 8 Step ball of Left beside Right. Long step Right to Right side. Touch Left toe beside Right and Clap.

S7: 1/4 Turn Left. 1/2 Turn Left. Left Shuffle 1/2 Turn Left. Modified Jazz Box with 1/2 Turn Right.

1 – 2 Make 1/4 turn Left stepping forward on Left. Make 1/2 turn Left stepping back on Right.
3&4 Left shuffle making 1/2 turn Left stepping Left. Right. Left. (Facing 9 o'clock)
5 – 6 Cross step Right over Left. Step back on Left.
&7 – 8 Step ball of Right to Right side. Step forward on Left. Pivot 1/2 turn Right (Facing 3 o'clock)

S8: 2 x Walks Forward. Cross Samba (Left & Right). Step. Pivot 1/2 Turn Right.

- 1 – 2 Walk forward on Left. Walk forward on Right.
3&4 Cross step Left forward over Right. Rock Right to Right side. Step Slightly forward on Left.
5&6 Cross step Right forward over Left. Rock Left to Left side. Step Slightly forward on Right.
7 – 8 Step forward on Left. Pivot 1/2 turn Right. (Facing 9 o'clock) ***Ending – See Below***

Start Again

Restart: □ Dance to Count 16 of Wall 3 ... then Start the Dance Again from the Beginning (Facing 3 o'clock)

Ending: End of Wall 7 (Facing 9 o'clock) ... Replace Pivot 1/2 turn Right with Pivot 1/4 turn Right ...
then Cross Step Left Over Right. Hold - Spreading arms out to each side. (Facing 12 o'clock) □
