# EZ Baila Asi



拍數: 32 編數: 1 級數: Absolute Beginner - Latin Rhythm

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音樂: Baila - Andreea Balan : (iTunes, Google Play and Amazon)



Intro: 32 counts.

Sequence: Repeating sequence

Tag/Restart: No tags or restarts.
End: Dance as normal till music ends.

### Section 1: R Side, Together, R Side-Together-Side, Sway, Sway, L Side-Together-Side

Step right foot to right side
 Step left foot next to right foot

3 & Step right foot to right side and step left foot next to right foot

Step right foot to right side
Sway (your hips) to the left side
Sway (your hips) to the right side

7 & Step left foot to left side and step right foot next to left foot

8 Step left foot to left side

Styling tips: On counts 3&4 and 7&8 use Cuban hip motion if possible. On steps 5-6 swing your hips in an 8-motion with the swaying.

## Section 2: R Cross, Step, Behind-Side-Cross, L Side Rock, Recover, Paddle turn R x2

Cross right foot over left foot
 Step left foot to left side

3 & Step right foot behind left foot and step left foot next to right foot

4 Cross right foot over left foot
5 Step (rock) left foot to left side
6 Recover weight onto your right foot

Step left foot forward and paddle a quarter to your right (weight on your right foot)
 Step left foot forward and paddle a quarter to your right (weight on your right foot)

Styling tips: On steps 5-6 swing your hips in an 8-motion, if possible, starting towards the left side (rock) and ending on the right side (recover))

## Section 3: L Side, Together, L Side-Together-Side, Sway, Sway, R Side-Together-Side

1 Step left foot to left side

2 Step right foot next to left foot

3 & Step left foot to left side and step right foot next to left foot

4 Step left foot to left side

5 Sway (your hips) to the right side 6 Sway (your hips) to the left side

7 & Step right foot to right side and step left foot next to right foot

8 Step right foot to right side

Styling tips: On counts 3&4 and 7&8 use Cuban hip motion if possible. On steps 5-6 swing your hips in an 8-motion with the swaying if possible

#### Section 4: L Cross, Step, Behind-Side-Cross, R Side Rock, Recover, Paddle turn L x2

Cross left foot over right foot
 Step right foot to right side

3 & Step left foot behind right foot and step right foot next to left foot

4 Cross left foot over right foot5 Step (rock) right foot to right side

6 Recover weight onto left foot

7 & Step right foot forward and paddle a quarter to your left (weight on your left foot)

8 & Step right foot forward and paddle a quarter to your left (weight on left foot)

Styling tips: On steps 5-6 swing your hips in an 8-motion if possible starting towards the right side (rock) and ending on the left side (recover)

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or you would like additional information, please contact me:

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