

Crazy Fool Leave Me Alone

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Improver
編舞者: Tom Inge Soenju (NOR) - June 2016
音樂: Leave Me Alone - Alexander Rybak : (iTunes, Google Play and Amazon)



Intro: 32 counts. Start just after the heavy beat has started.

Sequence: Repeating sequence

Tag/Restart: 1 Tag, 16 counts, which comes after wall 9 (3:00). No restarts.

End: Dance as normal till music ends.

Section 1: R Cross Rock, Recover, Full Triple R Turn, L Weave

- 1 Step (rock) right foot over left foot
- 2 Recover weight onto left foot
- 3 Full turn to your right stepping on right foot and then left foot
- 4 Step right foot forward (12:00)
- 5 Step left foot to left side
- 6 Step right foot behind left foot
- 7 Step left foot to left side
- 8 Cross right foot over left foot

Alternative: Instead of the full triple right turn in counts 3&4, one can make a right coaster step instead, Right B, Together, Right FW to make it easier.

Section 2: L Side Rock, Recover, ¾ L Turn Shuffle, ¼ L Turn Chassé, L Cross, Step B

- 1 Step (rock) left foot to left side
- 2 Recover weight onto right foot
- 3 & Quarter turn to you left (9:00) stepping left foot back and quarter turn to your left (6:00) stepping right foot next to left foot
- 4 Quarter turn to your left (3:00) stepping left foot forward
- 5 & Quarter turn to your left (12:00) stepping right foot to right side and step left foot next to right foot
- 6 Step right foot to right side
- 7 Cross left foot over right foot
- 8 Step right foot back

Section 3: L Dia B L Step-Hold, Together-Step, R Touch, R Dia B R Step-Hold, Together-Step, L Touch

- 1 Step left foot diagonally back towards left corner (7:30)
- 2 & Hold and step right foot next to left foot (or a bit in front)
- 3 Step left foot diagonally back
- 4 Touch right foot next to left foot
- 5 Step right foot diagonally back towards right corner (4:30)
- 6 & Hold and step right foot next to left foot (or a bit in front)
- 7 Step right foot diagonally back
- 8 Touch left foot next to right foot

Styling: When he sings "...leave me alone" and you are moving diagonally backwards, add the hand movements below:

Arms Out, Hold, In, Out, In, Out x2

- 1 Push your arms fully out with palms open just like you have pushed someone away (diagonally 1:30)
- 2 & Hold arms and retract them towards yourself
- 3 & Push your arms outwards (not too far) and retract them
- 4 Push your arms outwards
- 5 Push your arms totally out towards the new direction (10:30)

- 6 & Hold and retract them towards yourself
- 7 & Push your arms outwards (not too far) and retract them
- 8 Push your arms outwards

Section 4: L FW Step, Hold, R Ball-Step, R Step, ½ L Pivot, 1/8 L Turn-R Step, L Sailor Step

- 1 Step left foot forward (10:30, you should still be diagonally)
- 2 & Hold and step forward on ball of right foot
- 3 Step left foot forward
- 4 Step right foot forward
- 5 Half turn to your left (4:30) ending with weight on left foot
- 6 One-Eight turn to your left (3:00) stepping right foot to right side
- 7 & Step left foot behind right foot and step right foot to right side
- 8 Step left foot to left side

TAG: 16 counts, after wall 9 (3:00).

Section T1: L Weave, Full L Turn, R Weave

- 1 Cross right foot over left foot
- 2 Step left foot to left side
- 3 Step right foot behind left foot
- 4 Quarter turn to your left (9:00) stepping left foot forward
- 5 Step right foot forward
- 6 Quarter turn to your left (6:00) ending with weight on left foot
- 7 Half turn to your left (12:00) stepping right foot to right side
- 8 Step left foot behind right foot

Section T2: R Weave, Full R Turn, L Weave

- 1 Step right foot diagonally forward (toward 1:30)
- 2 Step left foot behind right foot
- 3 Quarter turn to your right (3:00) stepping right foot forward
- 4 Step left foot forward
- 5 Quarter turn to your right (6:00) ending with weight on right foot
- 6 Half turn to your right (12:00) stepping left foot to left side
- 7 Step right foot behind left foot
- 8 Step left foot to left side

Start again and enjoy! Happy Dancing!

End: Dance as normal till the music ends.

Contact: If anything is unclear or you would like additional information, please contact me:

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