

Sweet n Spicy

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Kathy Brown (USA) - June 2016
音樂: Sugar - Jennifer Nettles : (Album: Playing with Fire)



Intro: Main vocals

RIGHT HEEL, LEFT HEEL, RIGHT KICK, KICK, BACK ROCK, RECOVER, 1/4 HIP ROLL

1&2& Tap right heel forward, step right next to left, tap left heel forward, step left next to right
3&4& Kick right forward, kick right forward, rock back right, recover left
5-6 Step right forward rolling hips 1/8 left
7-8 Step right forward rolling hips 1/8 left

RIGHT HEEL, LEFT HEEL, RIGHT KICK, KICK, BACK ROCK, RECOVER, 1/4 HIP ROLL

1&2& Tap right heel forward, step right next to left, tap left heel forward, step left next to right
3&4& Kick right forward, kick right forward, rock back right, recover left
5-6 Step right forward rolling hips 1/8 left
7-8 Step right forward rolling hips 1/8 left

RIGHT OUT, LEFT OUT, C MOVE HIP ROLL LEFT, RIGHT, FLICK, RIGHT SHUFFLE

1-2 Step right forward (slight diagonal right), step left forward (slight diagonal left)
3-4 Roll hips from left to right (C move)
5-6 Roll hips from right to left (C move), flick right as you hit count 6
7&8 Step right to side, step left next to right, step right to side

1/4 LEFT, RIGHT SHUFFLE, LEFT SHUFFLE, LEFT FWD ROCK, RECOVER, 1/2 LEFT, LEFT SHUFFLE

1&2 Turning 1/4 left, step left forward, step right next to left, step left forward
3&4 Step right forward, step left next to right, step right forward
5-6 Rock left forward, recover right
7&8 Turning 1/2 step left forward, step right next to left, step left forward

Tag: End of wall 2 -6:00 add... 4 cts –

1-4 Step right forward, step left forward, roll hips (weight to left)

Tag: End of wall 4 – 12:00 add...

1-2 Step right, touch left
3-4 Step left touch right
5-8 Step right to side, step left next to right, step right to side
1-8 *Repeat 1-8 to the left
1-8 Step right, hold, step left hold, roll hips ending with weight on left

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