

El Perdón

拍數: 32 牆數: 4 級數: Beginner
編舞者: Grit Benke (DE) - June 2016
音樂: El Perdón - Nicky Jam & Enrique Iglesias



Start with the heavy beats (after about 32 s)

S1: □ Mambo Step, Mambo back, Shuffle forward, Mambo Step

1&2 RF step forward (weight on RF), weight back on LF, RF close to LF
3&4 LF step back (weight on LF), weight back on RF, LF close to RF
5&6 RF step forward, LF close to RF, RF step forward
7&8 LF step forward (weight on LF), weight back on RF, LF close to RF

S2: □ Shuffle back, Coaster Step, ½ Paddle turn left

1&2 RF step back, LF close to RF, RF step back
3&4 LF step back, RF close to LF, LF step forward
5&6&7&8& RF small step right, 1/8 turn to left, RF small step right, 1/8 turn to left, RF small step right, 1/8 turn to left, RF small step right, 1/8 turn to left

S3: □ Step, Point, Step, Point, Jazzbox ¼ right

1 – 2 RF step forward, LF point left
3 – 4 LF step forward, RF point left
5 – 8 RF cross LF, LF step back, ¼ turn left with RF step forward, LF cross RF

S4: □ Mambo right, Mambo left, sway hips right/left 2x

1&2 RF step right (weight on RF), weight back on LF, RF close to LF
3&4 LF step left (weight on LF), weight back on RF, LF close to LF
5 – 8 sway hips right, sway hips left, sway hips right, sway hips left

Start again and don't forget to smile.

Lastb Update - 7th June 2016
