From Bad to Worse



編舞者: Glynn Rodgers (UK) - June 2016 音樂: Separate Ways - Rick Trevino



[1-8]:Step, Pivot ½, ½ Step, Rock Step, Pivot ¾, Side, Behind, 1/8 Turn, Rock Step.

1-2& Step forward right, step forward left, pivot ½ turn right (6:00).

3-4& Turn ½ right stepping back left, rock back right, recover onto left (12:00).

5&6 Step forward right, pivot ³/₄ turn left, step right to right side (3:00).

7& Cross left behind right, make 1/8 turn right stepping forward right (4:30).

8& Rock forward left, recover weight onto right (4:30).

[9-16]: Step back, ½ Turn, Pivot ½ Turn, Rock Step, Triple 1 & 1/8 Turn, Behind, Side, Cross Rock.

1& Step back left, make ½ turn right stepping forward right (10:30).

2 Step forward left and pivoting ½ turn right on the ball of the left foot keeping right foot free

(4:30).

Rock back right, recover weight onto left, make ½ turn left stepping back right (10:30).

&5 Make ½ turn left stepping forward left (4:30), turn 1/8 left taking a large step to the side with

the right foot. (3:00)

6& Cross left behind right, step right slightly to right side.

7-8 Cross rock left over right, recover weight on to right.

[17-24]:Ball Cross, Side Rock, Cross Rock, ¼ Turn, Touch, Back, Touch x2, Right Diag. Lock Step.

&1 Step left to place, cross right over left.

2& Rock left to left side, recover weight on to right.

3& Cross rock left over right, recover weight on to right.

4& Turn ½ left stepping forward left (12:00), touch right beside left.

5&6& Step diag. back right, touch left beside right. Step diag. back left, touch right beside left.

7&8 Step right diag. forward right, lock left behind right, step right diag. forward right.

[25-32]:Mambo 3/8, Full Turn, Rock Step, Weave 1/8 Turn, Sweep, Cross, Side, Rock Step.

1&2 Rock forward left, recover weight on to right, make 3/8 turn left stepping forward left (7:30).

3&4 Make full turn forward stepping right-left, step forward right.

******Restart here wall 6 – see bottom of script for counts 3&4 alteration.

5&6 Cross left behind right, make 1/8 turn right stepping side right (9:00), cross left over right

sweeping right forward.

7& Cross right over left, step left to left side.8& Rock back right, recover weight on to left.

****Wall 4 Restart alteration (wall 4 starts facing 3:00) – dance up to count 6 (side step facing 6:00) and then change counts 7&8& to the below steps and start again from count 1.

7&8 Cross left behind right, turn ½ right stepping forward right (9:00), Step forward left.

*****Wall 6 Restart alteration (wall 6 starts facing 6:00) – dance up to count 26 (count 2 of section 4 – 3/8 turn facing 13:30) and then change counts 27&28 (3&4 of section 4) to the below and start again from count 1.

3& Make 3/8 turn left stepping back right (9:00), make ½ turn left stepping forward left (3:00).

4& Step forward right, close left to right. (count 1 will form a right shuffle forward)

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^{****}Restart here wall 4 – See bottom of script for counts 7&8& alteration.