

Like She's Not

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Mike Sainsbury - June 2016
音樂: Like She's Not Yours - The Bellamy Brothers



(32 count intro)

S1: Toe Touches. Shuffle. Pivot. Shuffle

1 – 2 Touch Right toe forward. Touch Right toe to Right
3&4 Step forward on Right. Step Left next to Right. Step forward on Right
5 – 6 Step forward on Left. Pivot half turn Right (facing 6 o'clock)
7 & 8 Step forward on Left. Step Right next to Left. Step forward on Left

S2: Step. Turn. Cross. Side. Heel-ball-cross. Rock. Recover

1 – 2 Step forward on Right. Pivot quarter turn Left
3 - 4 Cross Right over Left. Step Left to Left.
5&6 Touch Right heel to Right diagonal. Step Right next to Left. Cross Left over Right
7 – 8 Rock Right to Right. Recover onto Left (facing 3 o'clock)

S3: Toe back. Unwind. Rock. Recover. Touch. Sailor quarter turn. Mambo Step

1 – 2 Step Right toe back. Unwind half turn Right
3&4 Rock Left to Left. Recover onto Right. Touch Left beside Right
5 – 6 Cross Left behind Right making quarter turn Left. Step Right to Right. Step Left to Left
7&8 Rock forward on Right. Recover onto Left. Step Right beside Left

S4: Heel and toe Switches. Sailor quarter turn. Shuffle forward

1&2& Touch Left heel forward. Step Left next to Right. Touch Right heel forward. Step Right next to Left
3&4 Point Left to Left. Step Left next to Right. Point Right to Right
5&6 Cross Right behind Left making quarter turn Right. Step Left to Left. Step Right to Right
7&8 Step forward on Left. Step Right next to Left. Step forward on Left (facing 9 o'clock)

S5: Cross. Step back. Quarter turn chasse. Cross. Side. Behind-side-cross

1 – 2 Cross Right over Left. Step back on Left
3&4 Step Right quarter turn to Right. Step Left next to Right. Step Right to Right
5 – 6 Cross Left over Right. Step Right to Right
7&8 Step Left behind Right. Step Right to Right. Step Left across Right (facing 12 o'clock)

S6: Rock. Recover. Shuffle half turn. Step. Lock. Shuffle forward

1 – 2 Rock forward on Right. Recover on Left
3&4 Shuffle half turn Right on Right. Left. Right
5 – 6 Step forward on Left. Lock Right behind Left
7&8 Step forward on Left. Step Right next to Left. Step forward on Left

S7: Rock. Recover. Shuffle half turn. Step. Lock. Shuffle forward

1 – 2 Rock forward on Right. Recover onto Left
3&4 Shuffle half turn Right on Right. Left. Right
5 – 6 Step forward on Left. Lock Right behind Left
7&8 Step forward on Left. Step Right next to Left. Step forward on Left

S8: Half Monterey turn, Mambo step, Coaster step

1 – 2 Point Right to Right. Half turn Right on ball of Left stepping Right next to Left
3 – 4 Point Left to Left. Step Left next to Right

5&6 Rock forward on Right. Recover onto Left. Step Right beside Left
7&8 Step back on Left. Step Right beside Left. Step forward on Left

Start again

Mulepackers C & W Dance Clubs

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Fully Qualified BWDA2000 Instructors
