She's Not (P)

拍數: 64

級數: Intermediate Partner

編舞者: Mike Sainsbury - June 2016

音樂: Like She's Not Yours - The Bellamy Brothers

(32 count intro) Start position: Sweetheart (side by side) Man's & Lady's footwork same unless stated.

S1: Tap. Tap. Shuffle forward. Tap. Tap. Shuffle forward

- 1 2Tap Right foot forward. Tap Right to Right
- 3&4 Step forward on Right. Step Left next to Right. Step forward on Right
- 5 6 Tap Left foot forward. Tap Left to Left
- 7 & 8 Step forward on Left. Step Right next to Left. Step forward on Left

S2: Rock. Recover. Shuffle back. Shuffle back. Rock. Recover

- 1 2Rock forward on Right. Recover onto Left
- 3&4 Step back on Right. Step Left next to Right. Step back on Right
- 5&6 Step back on Left. Step Right next to Left. Step back on Left
- 7 8 Rock back on Right. Recover onto Left

S3: Rock. Recover. Grapevine with touch. Grapevine quarter turn

- 1 2Rock Right to Right. Recover onto Left
- 3 4 Cross Right behind Left. Step Left to Left
- 5 6Touch Right next to Left. Step Right to Right
- 7 8 Cross Left behind Right. Quarter turn Right stepping Right to Right (OLOD)

S4. Weave. Quarter turn. Tap

- 1 4Step Left to Left. Cross Right behind Left. Step Left to Left. Cross Right over Left
- 5 6 Step Left to Left. Step Right behind Left
- 7 8 Quarter turn Left stepping Left to Left. Tap Right beside Left

S5: Rock. Recover. Triple half turn. Rock. Recover. Triple half turn

- 1 2 Rock forward on Right. Recover onto Left
- 3&4 Half turn Right stepping Right. Left. Right. (RLOD)
- 5 6 Rock forward on Left. Recover onto Right
- 7&8 Half turn Left stepping Left. Right. Left (LOD)

S6: Step. Pivot. Step. Pivot. Step. Lock. Shuffle forward

- 1 4 Step forward on Right. Pivot half turn Left. Step forward on Right. Pivot half turn Left
- 5 6 Step forward on Right. Lock left behind Right
- 7&8 Step forward on Right. Step Left next to Right. Step forward on Right

S7: Step. Lock. Shuffle forward. Rocking chair

- 1 2 Step forward on Left. Lock Right behind Left
- 3&4 Step forward on Left. Step Right next to Left. Step forward on Left
- 5 8 Rock forward on Right. Recover onto Left. Rock back on Right. Recover onto Left

S8: Shuffles along line of dance (drop hands)

- 1-8 Man: Shuffle forward. Shuffle half turn. Shuffle half turn. Shuffle forward
- 1-8 Lady: Shuffle half turn (x4) Rejoin in sweetheart position

Start again

Mulepackers C & W Dance Clubs





牆數: 0