

Bailar Bailar (Dance Dance)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Francien Sittrop (NL) - June 2016
音樂: Bailar (feat. Elvis Crespo) (Radio Edit) - Deorro



Sequence: Start with the Tag when the beat starts (21 Sec) Do the tag twice (16 counts totally)
Then after the Tag start the Main dance

Tag : Do this Tag at the beginning of the dance 2x

[1 – 8] □ Samba Steps x2 , With 4 Paddles ½ Turn L

1 & 2 Step R fwd, Rock L to L side, Recover on R
3 & 4 Step L fwd, Rock R to R side, Recover on L
&5&6&7&8 4 Paddles Steps ½ Turn L (06.00)

Main Dance (after 29 sec):

[1 – 8] □ Vine L, Cross Rock , Recover, Side Shuffle

1 – 4 Step R across L, Step L to L side, Step R behind L, Step L to L side
5 – 6 Rock R across L, Recover on L
7 & 8 Step R to R side, Step L next to R, Step R to R side

[9-16] □ Vine R, Cross Rock, Recover, Side Shuffle

1 – 4 Step L across R, Step R to R side, Step L behind R, Step R to R side
5 – 6 Rock L across R, Recover on R
7 & 8 Step L to L side, Step R next to L, Step L to L side

[17-24] □ Rock Step, Recover, Triple ¾ Turn R, Rock step, Recover, Coaster Cross

1 – 2 Rock R fwd, Recover on L
3 & 4 Triple ¾ Turn R with R, L, R (09.00)
5 – 6 Rock L fwd, Recover on R
7 & 8 Step L back, Step R next to L, Step L across R

[25-32] □ Side Rocks , ½ Turn L with Hip sways

1-2& Rock R to R side, Recover on L, Step R next to L
3-4& Rock L to L side, Recover on R, Step L next to R
5 – 8 Step R fwd, make ¼ Turn L, Recover on L, Step R fwd, make ¼ Turn L, Recover on L
(03.00)

(And Sway Hips)

Start again

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