

Every Minute, Every Hour

拍數: 64 牆數: 2 級數: Improver
編舞者: Jef Camps (BEL) - April 2016
音樂: Every Little Thing - Jennifer Nettles



Info: start on vocals, no tags or restart

#1: CROSS ROCK, RECOVER, CHASSE ¼ TURN, STEP, ½ PIVOT, ½ SHUFFLE

1-2 RF cross over LF, LF recover
3&4 RF step side, LF close next to RF, ¼ turn R & RF step forward (3:00)
5-6 LF step forward, make ½ turn R (9:00)
7&8 ½ turn R & LF step back, RF close next to LF, LF step back (3:00)

#2: BACK, ½ TURN STEP FWD, STEP, ¼ PIVOT, CROSS, SIDE, BEHIND, SWEEP

1-2 RF step back, make ½ turn L & LF step forward (9:00)
3-4 RF step forward, make ¼ turn L (6:00)
5-6 RF cross over LF, LF step side
7-8 RF cross behind LF, LF sweep from front to back

#3: BEHIND, ¼ TURN STEP, STEP, ¼ PIVOT, JAZZ BOX, TOUCH

1-2 LF cross behind RF, ¼ turn R & RF step forward (9:00)
3-4 LF step forward, make ¼ turn R (12:00)
5-6 LF cross over RF, RF step back
7-8 LF step side, RF touch next to LF

#4: CHASSE, ROCK BACK, RECOVER, STEP, ½ PIVOT, SHUFFLE FWD

1&2 RF step side, LF close next to RF, RF step side
3-4 LF rock back, RF recover
5-6 LF step forward, make ½ turn R (6:00)
7&8 LF step forward, RF close next to LF, LF step forward

#5: ROCK FWD, RECOVER, ¼ TURN SIDE, CROSS, VINE, BRUSH

1-2 RF rock forward, LF recover
3-4 ¼ turn R & RF step side, LF cross over RF (9:00)
5-6 RF step side, LF cross behind RF
7-8 RF step side, LF brush next to RF

#6: SIDE, BEHIND, CHASSE ¼ TURN, CROSS, BACK, BACK, CROSS

1-2 LF step side, RF cross behind LF
3&4 LF step side, RF close next to LF, ¼ turn L & LF step forward (6:00)
5-6 RF cross over LF, LF step back
7-8 RF step back, LF cross over RF

#7: BACK, SIDE, CROSS SHUFFLE, SIDE ROCK, RECOVER, CROSS SHUFFLE

1-2 RF step back, LF step side
3&4 RF cross over LF, LF step side, RF cross over LF
5-6 LF rock to side, RF recover
7&8 LF cross over RF, RF step side, LF cross over RF

#8: FIGURE OF 8

1-2-3 RF step side, LF cross behind RF, ¼ turn R & RF step forward (9:00)
4-5 LF step forward, make ¾ turn R (6:00)

6-7-8 LF step side, RF cross behind LF, LF step side

Have fun!
