

Hard Rock Cafè

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Novice Cha Cha

編舞者: Eva Richter (AUT) & Roy Verdonk (NL) - June 2016

音樂: Hardrock Cafe (Cha cha cha / 31 Bpm) - Ballroom Orchestra & Singers : (iTunes or casa-musica.de)



Intro: □ 16 counts - Start on lyrics

Tag: □ after wall 9 (3.00)

Ending: □ in wall 12, cts 27+28 (12.00) leave out the 1/4 turn L in the Sailor Step and pose on the last step

FLICK, ROCK STEP FWD, COASTER STEP, 1/4 STEP TURN R, CROSS SHUFFLE

1 RF Flick back
2, 3 RF Rock forward, LF recover
4&5 RF back, LF together, RF forward
6, 7 LF forward, 1/4 turn R and RF side (3.00)
8&1 LF across RF, RF side, LF across RF

SWAY R, SWAY L, CHASSÈ R, SWAY L, SWAY R, CHASSÈ L & FLICK WITH 1/4 TURN L

2, 3 Sway hips R, Sway Hips L
4&5 RF side, LF together, RF side
6, 7 Sway hips L, Sway hips R
8&1 LF side, RF together, 1/4 turn L and LF fwd and RF lift into Flick (12.00)

HOLD, SLOW STEP FORWARD, 1/2 TURN L & 3X WALK FORWARD, LOCK STEP FORWARD

2 Hold Flick R
3, 4& RF slow step forward, 1/2 turn L (6.00)
5, 6, 7 LF walk forward, RF walk forward, LF walk forward
8&1 RF forward, LF behind, RF forward

ROCK-RECOVER-SWEEP, SAILOR STEP WITH 1/4 TURN L, HOLD, KICK-BALL-TOUCH, TOGETHER

2, 3 LF Rock forward, RF recover and Sweep back with 1/4 turn L
4&5 LF behind RF, RF side, LF side
6 Hold
7&8& RF Kick forward, RF step together, LF touch forward (into sit position), LF together

Enjoy and have fun!

TAG AFTER WALL 9 (3.00): CCW HIP ROLL

Do only the Kick-Ball-Touch of the last 2 counts of the dance, then

1-4& Roll hips counter clockwise in a full circle, LF together

Last Update - 3rd June 2016