

Sunshine in my Pocket

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Low Intermediate
編舞者: Cef Decaney (USA) - June 2016
音樂: CAN'T STOP THE FEELING! - Justin Timberlake



Sequence: A-B-A-B-B (16 cts + Tag+Restart)-A-B-A-B-B-A (add 4 ct Tag end of A)-B-B-

Section A: 32 counts

A1: Side Step-Hold-Step-Touch, Side Step-Hold-Step-Touch

- 1-2&3-4 (1) Step Right to Right Side (2) Hold (&) Step Left next to Right (3) Step Right to Right Side
(4) Touch Left next to Right
5-6&7-8 (5) Step Left to Left Side (6) Hold (&) Step Right next to Left (7) Step Left To Left Side (8)
Touch Right next to Left

A2: Rock Forward-Coaster-Step-½ Turn-Shuffle

- 1-2-3&4 (1) Rock Forward on Right (2) Recover back on Left (3) Step Right Foot Back (&) Step Left
next to Right (4) Step Right Forward
5-6-7&8 (5) Step Left foot Forward (6) Pivot ½ turn Right Weight on Right (7) Step Forward on Left (&)
Step Right next to Left (8) Step Left Forward

A3 + A4 - Repeat 1-16 again

Section B: 32 counts

B1: Wizard-Wizard-Weave

- 1-2&3-4& (1) Step Right diagonally forward (2) Lock left behind Right (&) Step Right Next to Left (3)
Step Left diagonally forward (4) Lock Right behind Left (&) Step Left next to Right
5-6&7-8 (5) Step Right to Right Side (6) Step Left behind Right (&) Step Right to Right Side (7) Cross
Left over Right (8) Rock onto Right to Right side

B2: Weave-Touches-¾ Turn

- 1-2&3-4 (1) Step Left to Left side (2) Cross Right behind Left (&) Step Left to Left Side (3) Cross Right
over Left (4) Step Left to Left Side
5-6-7-8 (5) Touch Right Toe Forward (6) Touch Right Toe to Right Side (7) Touch Right Toe
Diagonally back behind left (8) Unwind ¾ Turn to right

B3: Rock-Recover-Behind Side Front-Rock-Sailor ¼ Turn

- 1-2-3&4 (1) Rock Right to Right Side (2) Recover back onto Left (3) Cross Right Behind Left (&) Step
Left to Left Side (4) Cross Right over Left
5-6-7&8 (5) Rock Left to Left Side (6) Recover back onto Right (7) Step Left behind Right making ¼
Turn Left (&) Step Right next to Left (8) Step Left next to Right

B4: Step-¼ Turn-Cross Shuffle-Rock-¾ Turn

- 1-2-3&4 (1) Step Right Forward (2) ¼ Turn Left, weight on left (3) Cross Right over Left (&) Bring Left
behind Right (4) Step Right to left (Cross shuffle)
5-6-7-8 (5) Rock Left to Left side (6) Recover back onto Right (7) Cross Left Diagonally behind Right
(8) Unwind ¾ Turn Left

End of Sect B

Tags and Restarts:

Wall 5 B 16 counts with tag then restart 12 O'Clock wall

Wizard-Wizard-Weave

- 1-2&3-4& (1) Step Right diagonally forward (2) Lock left behind Right (&) Step Right Next to Left (3)
Step Left diagonally forward (4) Lock Right behind Left (&) Step Left next to Right

5-6&7-8 (5) Step Right to Right Side (6) Step Left behind Right (&) Step Right to Right Side (7) Cross Left over Right (8) Rock onto Right to Right side

Weave-Touches-Tag

1-2&3-4 (1) Step Left to Left side (2) Cross Right behind Left (&) Step Left to Left Side (3) Cross Right over Left (4) Step Left to Left Side

5-6-7-8 (5) Touch Right Toe Forward (6) Touch Right Toe to Right Side (7) Touch Right Toe Forward (8) Touch Right Toe to Side

RESTART TO A

Wall 11 A : Facing 6 O'Clock Wall dance all 32 cts of A wall then add 4 counts rocking right-left-right-left
You can do multiple wizards, you can style 4 counts however you like. Then go to B

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