

This is the Big One (I'm falling in Love)

COPPERKNOB
BYEFOOTPRINTS

拍數: 32 牆數: 4 級數: Improver
編舞者: Julie Lockton (ES) - June 2016
音樂: Falling in Love (The Big One) - John McNicholl : (Album: Catchy Irish Country Music!)



Count in: 16 counts - No Tags Or Re-Starts

SECTION ONE: Step touch, Kick Ball Cross, Hinge turn, Shuffle Forward

- 1-2-3&4 Step right to right side, touch left to right, kick left forward, step down onto the left ball, cross right over left
- 5-6-7&8 Step left to left side, making ½ turn over the right step right to right side to 06:00, shuffle forward left, right, left

SECTION TWO: Rock recover, syncopated steps back, rock recover, shuffle ½ turn

- 1-2&3-4 Rock forward on the right, recover onto left, step back on the right (&), step back on the left, step back on the right
- 5-6-7&8 Rock back on the left, recover onto right, shuffle forward left, right, left making ½ turn over right to 12:00

SECTION THREE: Heel & Heel & Heel Hook, step forward, toes, step, touch

- 1&2&3-4 Place right heel forward, step onto right, place left heel forward, step onto left, place right heel forward, hook right in front of left
- 5-6-7-8 Step forward on the right, touch left toes behind right, step back on left, touch right beside left

NOTE: ☐The 1st 4 counts can be replaced with apple jacks for those who can and want to!

SECTION FOUR: Syncopated weave, point, ¼ turn jazz box cross

- 1-2&3-4 Step right to right side, step left behind right, step right to right side, step left across right, point right to right side
- 5-6-7-8 Cross right across left, step back on the left, step right to right side making ¼ turn right (03:00), cross left over right
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