

Begging 2 U

拍數: 32 牆數: 2 級數: Easy Intermediate
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音樂: Cindy Lauper - Begging To You. 103 bpm



Dance begins on "I Left You This MORNING"

SIDE, BEHIND, SIDE, ACROSS, SIDE ROCK, RECOVER, BEHIND, SIDE, ACROSS, ¼ TURN L;

- 1 RF step to right side
- 2 LF cross behind RF
- & RF step to right side
- 3 LF cross step LF over RF
- 4 RF rock to right side
- 5 LF recover back on LF
- 6 RF cross behind LF
- & LF step to left side
- 7 RF cross step over LF
- 8 LF ¼ turn left, step forwards [9]

STEP (fwd), ¼ PIVOT L, CROSS SHUFFLE, ¼ TURN R (back), ½ TURN R (fwd), L SHUFFLE;

- 1 RF step forwards
- 2 RF+LF pivot ¼ turn left [6]
- 3 RF cross step RF over LF
- & LF step to left side
- 4 RF cross step over LF
- 5 LF ¼ turn right, step back [9]
- 6 RF ½ turn right, step forwards [3]
- 7 LF step forwards
- & RF close next to LF
- 8 LF step forwards

ROCK (fwd), RECOVER, & CLOSE, STEP (fwd), ¼ PIVOT R, CROSS SHUFFLE, 2X ¼ TURN L;

- 1 RF rock forwards
- 2 LF recover back on LF
- & RF close next to LF
- 3 LF step forwards
- 4 RF+LF ¼ turn right [6]
- 5 LF cross step over RF
- & RF step to right side
- 6 LF cross step over RF
- 7 RF ¼ turn left, step backwards [3]
- 8 LF ¼ turn left, step to left side [12]

SATCERPO (Sfws,d S),I ¼DE L, ¼SI DRE C SOTAESPT, E½R L S STAEIPL, OR CROSS;

- 1 RF cross step over LF
- 2 LF step to left side
- 3 RF ¼ turn right, step backwards [3]
- & LF close next to RF
- 4 RF step forwards
- 5 LF step forwards
- 6 RF turn ¼ to left, step to right side [12]
- 7 LF ½ turn left, cross behind RF [6]

& RF close next to LF
8 LF cross step over RF
1 RF start again.

Ending, after count 13;

& RF ¼ turn right, step to right side [12]
6 LF close next to RF

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