

# Time Is A Healer

COPPERKNOB  
STEPSHEETS

拍數: 48      牆數: 2  
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音樂: Time Is a Healer - Eva Cassidy

級數: Intermediate waltz



## #30 Count Intro - No Tags And No Restarts

### SECTION 1: HALF WALTZ DIAMOND

- 1-2-3      Step Forward On L Diagonally (1:30), Step Right To Side Making  $\frac{1}{4}$  Turn Left (10:30), Step Back On L Diagonally  
4-5-6      Step Back On R Diagonally, Step L To Side Making  $\frac{1}{4}$  Turn Left (7:30), Step Forward On R diagonally

### SECTION 2: BOX STEP, $\frac{1}{2}$ TURN ON HEELS

- 1-2-3      Step L Forward, Step R To Side, Step L Beside R  
4-5-6      Step Right Back, Step R Beside L, Make A  $\frac{1}{2}$  Turn Left On The Heels (12:00)

### SECTION 3: SWAY/POSE, 1 $\frac{1}{4}$ ROLLING VINE

- 1-2-3      Step R To Side And Hold As You Pose  
4-5-6      Step L To Side  $\frac{1}{4}$  Turn Left, Step R Back With A  $\frac{1}{2}$  Turn Left, Step L To Forward With A  $\frac{1}{2}$  Turn (3:00)

### SECTION 4: STEP, $\frac{1}{4}$ TURN RIGHT, STEP $\frac{1}{2}$ TURN, LOCK STEP BACK

- 1-3      Step Forward R, Step Forward L Making A  $\frac{1}{4}$  Right, Step R In Place  
4-5&6      Step L Diagonally Forward (1:30), Make A  $\frac{1}{4}$  Turn Left Step R Back, Lock Step L And R Back

### SECTION 5: $\frac{1}{2}$ TURN LEFT, PIVOT $\frac{1}{2}$ TURN, $\frac{1}{2}$ TURN RIGHT, LOCK STEP BACK

- 1-3       $\frac{1}{2}$  Turn Left Stepping Forward On L, Step Forward R Pivot  $\frac{1}{2}$  Turn Left, Step L In Place  
4-5&6      Step Forward R Making  $\frac{1}{2}$  Turn Right, Step Back On L, Lock Step R And L Back

### SECTION 6: $\frac{1}{2}$ TURN, FULL TURN RONDE, STEP FORWARD DEVLOPE

- 1       $\frac{1}{2}$  Right Stepping Forward On R (7:30)  
2-3      Sweeping L From Behind Make A Full Turn Ronde Right  
4-5      Step Forward On L And Develop R Leg

### SECTION 7: STEP BACK, CHASSE $\frac{1}{4}$ LEFT, CROSS UNWIND FULL TURN

- 1-2&3      Step Back On R, Chasse Left Stepping Lrl Making A  $\frac{1}{4}$  Turn  
4-6      Cross R Over Left And A Slow Unwind Full Turn (9:00)

### SECTION 8: BALANCE STEP FORWARD, 1 $\frac{1}{4}$ ROLLING VINE

- 1-3      Step Forward On L, Rock Forward On R, Recover  
5-6       $\frac{1}{4}$  Turn Right Stepping R To Side, Full Turn Right Stepping L Back, Step R To Side (6:00)

Breathe And Start Again

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