

Shouldn't Be This Hard

拍數: 48 牆數: 4 級數: Easy Intermediate
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - March 2016
音樂: Love Shouldn't Be This Hard - Olly Murs : (Album: Never Been Better - Special Edition - iTunes)



Starts after 32 Counts (28 Seconds)

S1: Rocking Chair, Side Together Forward, Side, Rock Step, Side, Rock Step.

1&2& Rock forward on Right, recover on Left, rock back on Right, recover on Left.
3&4 Step Right to Right side, step Left next to Right, step forward on Right.
5 Step Left to Left side.
6&7 Cross rock Right behind Left, recover on Left, step Right to Right side.
8& Rock back on Left, recover on Right.

S2: Rocking Chair, Side Together Back, Back, Touch, Step, Step 1/2 Step.

1&2& Rock forward on Left, recover on Right, rock back on Left, recover on Right.
3&4 Step Left to Left side, step Right next to Left, step back on Left.
5&6 Step back on Right, touch Left in front of Right, step forward on Left.
7&8 Step forward on Right, pivot 1/2 turn to Left, step forward on Right.

S3: Mambo Step, Sailor 1/4 Cross, Side, Touch, Side, Behind & Cross.

1&2 Rock forward on Left, recover on Right, step back on Left.
3&4 Make 1/4 turn to Right cross stepping Right behind Left, step Left to Left side, cross step Right over

Left.

5&6 Step Left to Left side, touch Right next to Left, step Right a large step to Right dragging Left.
7&8 Cross step Left behind Right, step Right to Right side, cross step Left over Right.

S4: Side Rock, Behind & Cross, 1/4 Walk, 1/4 Walk, 1/2 Shuffle (Circle).

1-2 Rock Right to Right side, recover on Left.
3&4 Cross step Right behind Left, step Left to Left side, cross step Right over Left.
5-6 Make 1/4 turn to Left stepping forward on Left, 1/4 turn to Left stepping forward on Right.
7&8 Make 1/6 turn to Left stepping forward on Left, 1/6 turn to Left stepping forward on Right, 1/6 to Left stepping forward on Left. **R**

Counts 5-8 Make A Big Whole Circle Turn To Left

S5: Rocking Chair, Step, 1/2 Pencil Touch, Left Lock Step, Step 3/4, Touch.

1&2& Rock forward on Right, recover on Left, rock back on Right, recover on Left.
3-4 Step forward on Right, with weight on Right make 1/2 turn to Right touching Left next to Right (pencil).
5&6 Step forward on Left, lock Right behind Left, step forward on Left.
7&8 Step forward on Right, pivot 1/2 turn to Left, 1/4 turn to Left touching Right next to Left.

S6: Chasse, 1/4 Chasse, 1/4 Chasse, Sailor 1/4.

1&2 Step Right to Right side, step Left next to Right, step Right to Right side.
3&4 Make 1/4 turn to Left stepping Left to Left side, step Right next to Left, step Left next to Left side.
5&6 Make 1/4 turn to Left stepping Right to Right side, step Left next to Right, step Right to Right side.
7&8 Make 1/4 turn to Left cross stepping Left behind Right, step Right next to Left, step forward on Left.

Counts 1-8 Make A 3/4 Box Shape

****R** Restart: Wall 1.
Dance Up To & Including Count 32... Then Restart Dance From Beginning.**
