

# Hello Friday

COPPER KNOB  
STEPSHEETS

拍數: 96      牆數: 1      級數: Phrased Intermediate  
編舞者: Melody Lee (TW) - May 2016  
音樂: Hello Friday (feat. Jason Derulo) - Flo Rida



Starts After 36 counts.....Seq: B,A,B,A,B(S5,S6,S7,S8),Tag,A,A

## A: 32 counts

### SA1: Jump, Hold, Shoulder Pops

&1            Hop in place with both feet, Jump with the feet shoulder-width apart  
2 3 4            Stretch R hand forward  
5 6 7&8        Pop your shoulders Left ,Right,Left ,Right,Left

### SA2: Jump, Hold, Shoulder Pops

&1            Hop in place with both feet, Jump with the feet shoulder-width apart  
2 3 4            Stretch R hand forward  
5 6 7&8        Pop your shoulders Left ,Right,Left ,Right,Left

### SA3: Slide R Side, Slide L Side

1 2 3 4        Slide to R side on R n two arms wide open  
5 6 7 8        Slide to L side on L n Hold yourself tight

### SA4: Kick Ball Point, Touch, Touch, Unwind

&1 2 3 4        Kick fwd on R, Step in place with R, Touch L to L side, Hold  
5 6 7 8        Touch fwd on L, Touch L side on L, Step L behind R, Unwind full L

## B: 64 counts

### SB1: Walk, Walk, 1/4 Cross & Cross, Side rock, Weave

1 2            Walk R, Walk L  
3&4            Turn 1/4 R, Cross R over L, Step L to L side, Cross R over L(3h)  
5&6            Rock L to L on L, Recover on R, Cross L over R  
&7 8            Step R to R side, Cross L behind R, Step R to R side

### SB2: 1/4 Turn, 1/4 Turn, Sailor, Coaster, Rock & Turn

1 2            Make 1/4 Turn L on L fwd, Make 1/4 Turn on R to R side(9h)  
3&4            Step L behind R, Step R to R side, Step L to L side  
5&6            Step R back, Close L next to R, Step R fwd  
7&8            Rock L forward, Recover on R, Make 1/4 Turn L step L to L side(6h)

### SB3: Side rock, Kick ball, Side rock, Kick ball, Rock fwd, 1/2 Turn, Hitch

1&2&          Rock R to R side, Recover on L, Kick R fwd, Step R fwd  
3&4&          Rock L to L side, Recover on R, Kick L fwd, Step L fwd  
5&6            Rock R fwd, Recover on L, Step R back  
7&8            Touch L behind, Make 1/2 turn L, Hitch L(12h)

### SB4: Kick ball, Side rock, Kick ball, Side rock, 1/2 Turn, Walk, Walk

1&2&          Kick L fwd, Step L fwd, Rock R to R side, Recover on L  
3&4&          Kick R fwd, Step R fwd, Rock L to L side, Recover on R  
5 6            Step L fwd, 1/2 pivot turn (6h)  
7 8            Walk L, Walk R

### SB5: Push hips to R n sway, Push hips to L n sway

&1            Close L next to R , Step R to back diagonally  
2 3 4        Push hip to backward n waggle or sway in your own style  
&5            Cross R next to L , Step L to back diagonally  
6 7        Push hip to backward n waggle or sway in your own style  
8            Change weight on R

### SB6: Walk Walk Walk Walk Walk Walk Walk , Rolling body up

1234567      Any styling walk

8 Roll your body up

**SB7:Side,Touchx2,Side,Together.Side,Touch,Side,Behind,1/4,1/4 with Jump**

1&2& Step R to R side,Touch L next to R,Step L to L side,Touch R next to L

3&4& Step R to R side,Step L next to R,Step R to R side,Touch L next to R

5 6 Step L to L side,Cross R behind L,Make 1/4 turn L on L fwd(3h)

7 8 Make 1/4 turn L on L fwd,Make 1/4 turn jump n raise hands up(12h)

**SB8:Side,TouchX2,Side,Together,Side,Touch,Jazz box**

1&2& Step L to L side, Touch R next to L, Step R to R side, Touch L next to R

3&4& Step L to L side, Step R next to L, Step L to L side, Touch R next o L

5 6 7 8 Step R to R side, Cross L over R, Step R back diagonal, Step L to L side

**Tag: Turn 1/2 L walk walk walk walk R-L-R-L facing 12h**

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