

Easy Groove

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Hayley Wheatley (UK) - May 2016
音樂: CAN'T STOP THE FEELING! - Justin Timberlake



S1: WALK, WALK, SHUFFLE, JAZZ BOX ¼ TURN □

1-2 Step RF fwd, Step LF fwd □ 12:00
3&4 Shuffle forward R-L-R □ 12:00
5-6 Cross LF over RF, Step back onto RF □ 12:00
7-8 Step LF to L side making ¼ turn L, Cross RF over LF □ 9:00

S2: DIAGONAL STEP LOCK, SHUFFLE, JAZZ BOX

1-2 Step LF diagonally fwd, Lock RF behind LF (For an easier AB option close RF beside LF)
7.30
3&4 Shuffle fwd to L diagonal L-R-L □ 7:30
5-6 Cross RF over LF, Step back onto LF □ 9:00
7-8 Step RF to R side, Close LF beside RF □ 9:00

S3: STEP OUT, OUT, SIDE SHUFFLE, STEP OUT, OUT, SIDE SHUFFLE

1-2 Step out on RF (slightly fwd), Step out on LF (slightly fwd) □ 9:00
3&4 Step RF to R side, Close LF beside RF, Step RF to R side □ 9:00
5-6 Step out on LF (slightly fwd), Step out on RF (slightly fwd) □ 9:00
7&8 Step LF to L side, Close RF beside LF, Step LF to L side □ 9:00

***NB* Make this section as funky as you like. Eg: Bending knees slightly on steps out. □**

S4: DIAGONAL STEP BACK, TOUCH, HOLD X2, DIAGONAL STEP BACK, TOUCH X4

&1-2 Step RF back to R diagonal, Touch L toe beside RF, Hold □ 9:00
&3-4 Step LF back to L diagonal, Touch R toe beside LF, Hold □ 9:00
&5&6 Step RF back to R diagonal, Touch L toe beside RF, Step LF back to L diagonal, Touch R
toe beside LF □ 9:00
&7&8 Step RF back to R diagonal, Touch L toe beside RF, Step LF back to L diagonal, Touch R
toe beside LF □ 9:00