

Lost Boy

拍數: 48 牆數: 2 級數: Intermediate / Advanced NC2S
編舞者: Jo Kinser (UK), John Kinser (UK) & Roy Hoeben (NL) - April 2016
音樂: Lost Boy - Ruth B. : (iTunes)



Start on the vocals 8 counts in 0:08.

[1-9] □ L Side, Cross Rock, Side - R Palm, L Palm, Arms Down, L Kick Dia, 1/2 Sweep, Cross Rock Side

1,2& Step L to L, Cross Rock L over R, Replace weight L
3,4 Step R to R bringing R palm fwd, Bring L palm fwd
5,6 Hands come down transferring weight to R, Kick L foot diagonally fwd R
7 Make 1/2 turn L stepping L to L - sweeping R from back to front (6:00)
8&1 Cross Rock R over L, Replace weight L, Step R to R

[10-17] □ Back Rock, 1/2 Turn Hesitation, Side Cross Side, Touch-Unwind F/T Sweep, Fwd 1/2 Turn Sweep

2&3 Rock L back, Cross R slightly over L, Make 1/2 turn R stepping L to L - lifting the R foot to R (12:00)
4&5 Step R to R, Cross L over R, Step R to R
6,7 Touch L behind R, Make a F/T L (weight L) sweeping the R from back to front (12:00)
8&1 Step R fwd, Make 1/4 turn R stepping L back, Make 1/4 turn R stepping R fwd, L foot sweep fwd

[18-25] □ Fwd L-Sweep R, Fwd R-Sweep L, Cross Rock Back, 1/2 Turn Diamond, 1/2 R Turn – Ronde R

2,3 Step L fwd Sweeping R foot fwd, Step R fwd Sweeping L foot fwd
4&5 Cross Rock L fwd, Recover weight R making 1/8th R, Step L back (7:30)
6&7 Step R back, Step L back, Make 1/8th turn R stepping to the R (9:00)
8& Make 1/8th turn R stepping L foot fwd, Make 1/8th turn R stepping R fwd
1 Step L to L making 1/2 turn R with a R foot Ronde (6:00)

[26-33] □ Side-Sway L R L, R Cross Rock Side, Walk Dia Fwd L R L, 1/2 Turn R

2,3 Step R to R, Sway L
4,5 Sway R, Sway L
6&7 Cross Rock R over L, Recover weight L, Step R to R
8&1 Make 1/8th turn R stepping fwd L (7:30), Step R fwd, Step L fwd making 1/2 R weight L (1:30)

[34-41] □ Walk R L, F/T Spiral L, 5/8th Shané Turn L, Sway R – 1/4 Turn L, Run Around 3/4 Turn L

2&3 Walk fwd R, L, Step R fwd making a F/T spiral L
4&5 Step L fwd, Make a 5/8th turn L closing feet (6:00), Step L to L
6,7 Sway R, Make 1/4 turn L stepping fwd L (3:00)
&8 Make 1/4 turn L stepping R fwd, Make 1/4 turn L stepping L fwd,
&1 Make 1/4 turn L stepping fwd R, Step L to L

Restart here Wall 3, (6:00) and Wall 5, (6:00)

[42-48] □ R Cross Rock Flick, L Swing Swing Kick, Walk Back Dia L R, Side, F/T Spiral

2&3 Cross Rock R over L, Replace weight L, Step R to R flicking L foot L
4&5 Swing L leg R from the knee, Swing L knee L (fig. 4), Cross Kick L foot diagonally fwd R
6&7 Step L foot back (7:30), Step R back, Make 1/8th turn L (6:00) stepping L to L
8 Cross R over L making a F/T spiral L (weight R)

Enjoy

Last Update – 11th June 2016

