

Black Butterfly

拍數: 32 牆數: 4 級數: Improver
編舞者: Charlotte Steele (SA) - May 2016
音樂: Butterfly - Black By Nature : (Album: The Return)



Hot African drum beats demand attitude - so swing your arms to the side and snap/click fingers on the toe struts, clap hands or slap thighs on the stomps - and move those hips on the V-steps!

Intro: 32 counts. No Tags or Restarts.

S.1: □ Toe Struts Fwd RL; Shuffle Forward RLR; L Forward Rock-Rec

1 2 3 4 Touch R toe fwd, Drop R heel down, Touch L toe fwd, Drop L heel down
5&6 Step forward on R, Step L beside R, Step R forward
7 8 Rock forward on L, Recover onto R (weight on R)

S.2: □ Toe Struts Back LR; Shuffle Back LRL; R Rock Back w/L Fwd Kick-Rec w/Stomp

1 2 3 4 Touch L toe back, Step L heel down, Touch R toe back, Step R heel down
5&6 Step back on L, Step R beside L, Step L back
7 8 Rock back on R and kick L forward, Stomp L down beside R (weight on L)

S.3: □ R Fwd V-Step (Out-Out In-In); Chasse right; L Rock Back w/R Fwd Kick-Rec w/Stomp □

1 2 Step R forward to right diagonal, Step L forward to left diagonal (Out-Out)
3 4 Step R back to centre, Stomp L beside R (In-In) (weight on L)
5&6 Step R to right, Step L beside R, Step R to right
7 8 Rock back on L and kick R forward, Stomp R beside L (weight on R)

S.4: □ L Back V-Step (Out-Out In-In); Chasse left w/ ¼ turn left, R Rock Back w/L Fwd Kick-Rec w/Stomp

1 2 Step L back to left diagonal, Step R back to right diagonal (Out-Out)
3 4 Step L forward to centre, Stomp R beside L (In-In) (weight on R)
5&6 Step L to left, Step R beside L, Pivot ¼ left and step forward on L (9:00)
7 8 Rock back on R and kick L forward, Stomp L beside R (weight on L)

Start again – enjoy, have fun!

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script. Contact: steelecharlotte2013@gmail.com