

HAIR

COPPER KNOB
STEPSHEETS

拍數: 64
編舞者: Risma Yulana (INA) - May 2016
音樂: Hair - Little Mix

牆數: 2

級數: Phrased Intermediate



Dance Section □: A, Tag1, B, B, Tag2, A, Tag1, B, B, A, B, B (change step), B, B, A (16 counts)
Start Dance after 32 count.

A – 32 counts

A1: Cross Rock, Side Rock, Cross Shuffle R n L, Touch to Side, ¼ Jazz Box Turn to right.

- 1 & 2 & Cross R over L , recover on L , Step R to right side, recover on L .
3 & 4 & Cross shuffle R L R, touch L to side.
5 & 6 & Cross shuffle L R L, touch R to side.
7 & 8 & Cross R over L , turn ¼ to right step L behind, step R to right Side, cross L over R

A2: Side Rock, ¼ to left, R forward turn ½ to right X 2, sweep back R L , step back recover

- 1 & 2 Step R to right side, turn ¼ to left recover on L , R step Forward.
3 & 4 Turn ½ to right step L behind , ½ to right step R forward, Step L forward.
5 & 6 & Step R forward, recover on L , step R back, L sweep behind.
7 & 8 & Step L behind , R sweep behind, step R behind, recover on L

A3: R forward, ¼ to left, make ½ turn to right, side rock, ¼ left, ½ to left, sailor step.

- 1 & 2 Step R forward , turn ¼ to left recover on L , cross R over L .
3 & 4 Turn ¼ to right step L behind, ¼ to right R to right side, Cross L over R.
5 & 6 R to right side , turn ¼ to left recover on L , turn ½ to left step R behind (L sweep behind)
7 & 8 Cross L behind R , R to right side , L to left side.

A4: Touch R back, turn body ½ to R n L , pivot ½ to left, R forward, step out L n R , Jazz box step.

- 1 & 2 Touch R behind L , turn body ½ to right (facing 6.00) recover on R , turn body ½ to left (facing 12.00) recover on L .
3 & 4 Step R forward, ½ to left recover on L , step R forward.
5 6 Step out L n R
7 & 8 Cross L over R, step R behind, step L to left side.

TAG I : R forward, recover on L , turn ¼ to left step R back, recover on L

- 1 & 2 & Step R forward, recover on L , turn ¼ to left step R back, Recover on L .
3 & 4 & Step R forward, recover on L , turn ¼ to left step R back, Recover on L .
5 & 6 & Step R forward, recover on L , turn ¼ to left step R back, Recover on L .
7 & 8 & Step R forward, recover on L , turn ¼ to left step R back, Recover on L .

B – 32 counts

B1: Touch Side, Hold, Rocking Chair, Hitch, Close R n L

- 1 2 3 4 Touch R to right side, hold , step R forward, recover on L
5 6 7 8 Step R behind, recover on L , hitch on R, step R next to L
1 2 3 4 Touch L to left side, hold, step L forward, recover on R
5 6 7 8 Step L behind, recover on R, hitch on L , step L next to R

B2: Step Back (do the hip hop style) Step R back, recover L , R forward, ½ to left, recover on L

- 1 2 3 4 Step R back with both knee bend, go up, X 2
5 6 7 8 Step L back with both knee bend, go up, X 2
1 2 3 4 Step R back with both knee bend, go up, step L back with Both knee bend, go up.
5 6 7 8 Step R back, recover on L , step R forward, turn ½ to left Recover on L .

Note : The sixth B on 29 – 32 count, change with : coaster step and Step L forward.

TAG 2 R forward, recover on L , turn ¼ to left step R back, Recover on L

1 & 2 & Step R forward, recover on L ,turn ¼ to left step R back, Recover on L .

3 & 4 & Step R forward, recover on L , turn ¼ to left step R back, Recover on L .

LIST :-

A

Tag 1 (8 count)

B (12.00)

B

Tag 2 (4 count)

A (6.00)

Tag 1 (8 count)

B (6.00)

B

A (16 count, 6.00)

B (6.00)

B coaster step (12.00)

B

A (16 count, 12.00)

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