

Love Me Body and Soul

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Chas Oliver (UK) - May 2016
音樂: Body and Soul - Anita Baker



Alt. Music: She's in love with the Rodeo man by Don Williams

Alt Music: Dream Weaver by Glen Rogers.

#24 Count intro. Start on Vocals.

Section 1. 2 jazz boxes traveling backwards

1,2,3 cross left over right, step back on right, step left to side,
4,5,6 cross Right over left, step back on left, step right to side.

Section 2. ¼ turn to left, 2 jazz boxes traveling backwards.

1,2,3,4,5,6 step left, cross Left over Right at the same time making ¼ turn Left, step back on Right, step Left to side, cross right over left, step back on Left. Step right to side.

Section 3. step forward , double kick, coaster step,

1,2,3 step forward Left, kick Right forward low kick, then kick forward slightly higher,
4,5,6 step back on right, step left next to right, step forward onto right.

.Section 4. Step forward double kick, sailor ½ turn.

1,2,3,4,5,6 step forward onto left, kick right forward low kick, then kick slightly higher, sweep right out and behind left, ½ turn right, step left to side, step right next to left.

Section 5. weave to right, step slide touch. Hold.

1,2,3 cross left over right, step right to side, step left behind right,
4,5,6 step large step to Right. Touch Left to Right, Hold 1 count .

Section 6. turning vine to left, cross twinkle,

1,2,3,4,5,6 Step left ¼ turn to left, ½ turn left stepping back onto right, ¼ turn left stepping onto left, cross right over left, step left to side, step right to left.

Section 7. 2 cross twinkle steps.

1,2,3 cross left over right, step right to side, step left to right.
4,5,6 Cross right over left, step left to side, step Right to left.

Section 8. 2x reverse turns.(Left then right.)

1,2,3,4,5,6 cross left over right, make ¼ turn to left step back on right, make ¼ turn left, step onto left. Cross Right over left, make ¼ turn right stepping back onto left, turn ¼ turn Right stepping onto right.

Start again

Enjoy.

*** Restart on wall 4 after section 1. **

(When dancing to Dream weaver or Don Williams there are No Restarts.)