

I Believe In

拍數: 32 牆數: 4 級數: Improver
編舞者: Eddie Morrison (SCO) - May 2016
音樂: I Believe In - Angie King : (iTunes, amazon)



#8 Count Intro

Section 1: □ Side behind side heel, side behind side scuff, step lock step scuff, step lock step.

1 &2& Step right to the side, step left behind right, step right to the side, dig left heel to the side diagonal.
3 &4& Step left to the side, step right behind left, step left to the side, scuff right forward.
5&6& Step forward right, lock left behind right step forward on right, scuff left forward.
7&8 Step forward on left, lock right behind left, step forward on left.

Section 2: □ Rock ½ turn hold, side rock and cross hold, side behind side step, twist left, right, side touch..

1 &2& Rock forward on right recover on left, make ½ turn right stepping forward on right hold.
3&4& Side rock on left recover on right, cross left over right hold.
5&6& Step right to the side, step left behind right, step right to the side, step left in front of right.
(** Restart**)
7&8& (On balls of feet) Twist heels left, right, step left to the side touch right beside left

Section 3: □ Step lock step, rocking chair, step ¼ turn cross, side together forward.

1 &2 Step forward on right, step left behind right, step forward on right (* & Restart*)
3&4& Rock forward on left, recover on right, rock back on left, recover on right.
5&6 Step ¼ turn right, cross left over right.
7&8 Step right to the side, step left beside right, step forward on right.

Section 4: □ Side together back, back lock back, rock back recover forward, side rock & touch.

1&2 Step left to the side, step right beside left, step back on left.
3&4 Step back on right, cross left over right, step back on right.
5&6 Rock back on left, recover on right step forward on left.
7&8 Rock right to the side, recover on left, touch right beside left.

Restarts:-

Wall 3* After count 2 section 3 add an & count then Restart.

Step lock step & (stepping on left.)

Wall 6** After step 6& section 2. then Restart.

Side behind side step.

Contact: eddie@alfordinline.co.uk

Last Update - 27th May 2016