

Manjaro

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Robbie McGowan Hickie (UK) - January 2016
音樂: As You Are (feat. Shy Carter) - Charlie Puth : (CD: Nine Track Mind - iTunes & amazon)



#16 Count intro

S1: Forward Rock. Right Shuffle 1/2 Turn Right. Step. Pivot 3/8 Turn Right. 2 x Walks Forward.

1 – 2 Rock forward on Right. Rock back on Left.
3&4 Right shuffle making 1/2 turn Right stepping Right. Left. Right.
5 – 6 Step forward on Left. Pivot 3/8 turn Right.
7 – 8 Walk forward on Left. Walk forward on Right. (Facing Left Diagonal)

S2: Side Rock. Recover. Left Cross Shuffle. 1/4 Turn Left. 1/2 Turn Left. Step. Pivot 1/4 Turn Left.

1 – 2 Rock Left out to Left side. Recover weight on Right. (Straighten up to 12 o'clock)
3&4 Cross step Left over Right. Step Right to Right side. Cross step Left over Right.
5 – 6 Make 1/4 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left.
7 – 8 Step forward on Right. Pivot 1/4 turn Left. (Facing 12 o'clock)

S3: Cross. Side. Behind & Cross. Chasse Left. Back Rock.

1 – 2 Cross step Right over Left. Step Left to Left side.
3&4 Cross Right behind Left. Step Left to Left side. Cross step Right over Left.
5&6 Step Left to Left side. Close Right beside Left. Step Left to Left side.
7 – 8 Rock back on Right. Rock forward on Left.

S4: Chasse 1/4 Turn Right. 2 x 1/2 Turns Right. Forward Rock. Left Coaster Cross.

1&2 Step Right to Right side. Close Left beside Right. Make 1/4 turn Right stepping forward on Right.
3 – 4 Make 1/2 turn Right stepping back on Left. Make 1/2 turn Right stepping forward on Right.
5 – 6 Rock forward on Left. Rock back on Right. (Facing 3 o'clock)
7&8 Step back on Left. Step Right beside Left. Cross step Left over Right. ***Tag & Restart Here***

S5: Right Side Rock. Recover. Behind & Cross. Left Side Rock. Recover. Behind & Step Forward.

1 – 2 Rock Right out to Right side. Recover weight on Left.
3&4 Cross Right behind Left. Step Left to Left side. Cross step Right over Left.
5 – 6 Rock Left out to Left side. Recover weight on Right.
7&8 Cross Left behind Right. Step Right to Right side. Step forward on Left.

S6: Step. Pivot 1/2 Turn Left. Right Shuffle Forward. Step Forward. 1/2 Turn Left. Shuffle 1/2 Turn Left.

1 – 2 Step forward on Right. Pivot 1/2 turn Left. (Facing 9 o'clock)
3&4 Right shuffle forward stepping Right. Left. Right.
5 – 6 Step forward on Left. Make 1/2 turn Left stepping back on Right.
7&8 Left shuffle making 1/2 turn Left stepping Left. Right. Left. (Facing 9 o'clock)

S7: Forward Rock. Right Triple 3/4 Turn Right. Step Forward. Scuff-Ball-Step. Step Forward.

1 – 2 Rock forward on Right. Rock back on Left.
3&4 Right triple step making 3/4 turn Right stepping Right. Left. Right.
5 – 6&7 Step forward on Left. Scuff Right heel forward. Step ball of Right beside Left. Step forward on Left.
8 Step forward on Right. (Facing 6 o'clock)

S8: Forward Rock & Step Back. Back. Back. Right Sailor Step. Left Sailor 1/4 Turn Left.

- 1&2 Rock forward on Left. Rock back on Right. Step back on Left.
3 – 4 Slide back on Right. Slide back on Left.
5&6 Cross Right behind Left. Step Left to Left side. Step Right to Right side.
7&8 Sweep/Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Step forward on Left.

Start Again

Tag & Restart: Dance to Count 32 of Wall 4 ... Add on a 4 Count Tag –

Then Restart the Dance from the Beginning ... you will be Facing 12 o'clock to Begin Again.

TAG: 4 Count Tag: Right Side Rock. Recover. Cross. Unwind Full Turn Left.

- 1 – 2 Rock Right out to Right side. Recover weight on Left.
3 – 4 Cross Right over Left. Unwind Full turn Left. (Weight on Left) (Facing 12 o'clock)
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