

Happy Feet

拍數: 32 牆數: 2 級數: Improver
編舞者: Kirsi-Marja Vinberg (FIN) - May 2016
音樂: Botch-A-Me - Rosemary Clooney



GROOVE WALK

1-2 rock step back: step right foot back, left foot in place
3-4 step right forward, hold with snap
5-6 rock step forward: step left foot forward, step right in place
7-8 step left foot back, hold with snap

SKIP UP (ROCK STEP BACK, KICK STEPS FORWARD WITH ¼ TURN LEFT)

1-2 rock step back: step right foot back, step left foot in place
3-4 kick right foot forward, step right forward
5-6 kick left foot forward, step left forward
7-8 kick right foot high left in 90 degrees angle(towards 9 o'clock wall), hold and turn ¼ left on the ball of the left foot

ROCK STEP BACK, SHUFFLE STEP FORWARD, ROCK STEP FORWARD TURNING ¼ LEFT, SHUFFLE STEP TO SIDE

1-2 step right foot back, left in place
3&4 step right foot forward, left together, right foot forward
5-6 step left foot forward, step right in place and turn ¼ left
7&8 step left to side, right together, left to side

HAPPY FEET TO R, HAPPY FEET TO L

1&2&3-4 step right to side, left together, right to side, left together, right to side, hold with snap
5&6&7-8 step left to side, right together, left to side, right together, left to side, hold with snap

Tags:

T1. □ In the third repetition dance the first 24 counts, then:

STOMP R, HOLD 3, STOMP LEFT, HOLD 3

1-4 stomp right foot to side, hold 3 counts
5-8 stomp left foot to side, hold 3 counts

T2. □ After sixth repetition, repeat the last 8 counts

HAPPY FEET TO R, HAPPY FEET TO L

1&2&3-4 step right foot to side, step left together, right foot to side, left foot together, step right to side, hold
5&6&7-8 step left foot to side, right together, left to side, right together, left to side, hold

THEN

STOMP R, HOLD, STOMP L, HOLD

1-2 stomp right foot to side, hold
3-4 stomp left foot to side, hold
5-6 stomp right to side, hold
7-8 stomp left to side, hold

T3. □ In the eighth repetition dance the first 24 counts, then:

STOMP R, HOLD 3, STOMP L, HOLD 3

1-4 stomp right to side, hold 3 counts
5-8 stomp left to side, hold 3 counts

T4. □ Dance the ninth repetition to the end, and then repeat HAPPY FEET TO R, HAPPY FEET TO L (8 counts)

Then make the ending

ROCK STEP BACK, STEP FORWARD, TURN ½ L AND KICK

1-2 step right foot back, step left in place

3 step right foot forward

4 turn ½ left on the ball of the right foot and kick left foot forward high!

Styling: lindy bouncing, shuffle steps in the rhythm of 1 a2. When stomping, raise your hands and make your funny movements with hands.

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