

# Slow Down Again

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Jane Nilsson (SWE) - May 2016  
音樂: Slow Down - Douwe Bob : (iTunes)



## S1. Vine right, hitch & ¼ turn, vine left, touch

1-2      Step right to right side, step left behind right  
3-4      Step right to right side, hitch left and turn ¼ right  
5-6      Step left to left side, step right behind left  
7-8      Step left to left side, touch right beside left

## S2. Toe strut x 2, step turn ½, heel touch, together

1-2      Touch right toe forward, step down on right  
3-4      Touch left toe forward, step down on left  
5-6      Step forward on right, ½ turn left (weight on left)  
7-8      Touch right heel forward, step right beside left

## S3. Vine left, touch, vine right, scuff

1-2      Step left to left side, step right behind left  
3-4      Step left to left side, touch right beside left  
5-6      Step right to right side, step left behind right  
7-8      Step right to right side, scuff left forward

On eighth wall (3 o'clock) step down on left and restart (facing 12 o'clock)

## S4. Heel together x 2, shuffle forward, point, hitch

1-2      Touch left heel forward, step left beside right  
3-4      Touch right heel forward, step right beside left  
5&6      Step left forward, step right beside left, step left forward  
7-8      Point right to right side, hitch right

Repeat

---